

Childhood Obesity Trailblazer Programme

Pennine Lancashire has been selected as one of five 'Trailblazer Authorities' to lead innovative action in its local community to tackle childhood obesity. The three year Pennine Lancashire programme, Healthy Places, Healthy Future, aims for a coordinated approach to preventing childhood obesity, focussing on areas with a high number of neighbourhood fast food outlets.

To support this, Pendle will be developing its own Healthy Weight Charter to explore other drivers to childhood obesity such as children's exposure to food/drink advertising; accessibility and convenience of food and drink that is high in salt, sugar and fat; availability of healthier options; and opportunities for physical activity.

We are therefore trying to get a better understanding of the extent of the healthy food and drink offered in schools in Pendle and would appreciate it if you could spare the time to answer the following questions with regard to your school.

| | | | | |
|-----|---|--------------------------|--------------|---------------|
| (1) | Do your students have access to drinks/snacks via a vending machine or other source at your school? Yes No | | | |
| (2) | If so, how many different products are available to your students? Food total _____ Drink total _____ | | | |
| (3) | Please state the total number of choices/different varieties available in each of the following categories and their price range – | | | |
| | Food | Total number of products | Lowest Price | Highest Price |
| | • Confectionary (sweets and chocolate) | | | |
| | • Crisps/snacks | | | |
| | • Dried fruit/nuts | | | |
| | • Other e.g. breakfast biscuits/fruit bars | | | |
| | | | | |
| | Drink | | | |
| | • Bottled water | | | |
| | • Carbonated - sugar sweetened | | | |
| | • Carbonated - non sugar sweetened | | | |
| | • Fruit juice | | | |
| | • Juice drinks - sugar sweetened | | | |
| | • Juice drinks - non sugar sweetened | | | |
| | • Energy drinks | | | |
| | • Other | | | |
| (4) | Is there a water fountain available for your students? Yes No | | | |
| (5) | Do you have a policy on students bringing their own food/drinks to school? Yes No | | | |
| | If yes, please provide details - | | | |

| | |
|-----|---|
| | |
| (6) | <p>Do the meals you provide meet the school food standards? Yes No</p> <p>(Please provide a copy of a typical weekly menu)</p> |
| (7) | <p>If you wish to provide any further information on the food and drink served at your school, please do so below –</p> |
| | <p>Name of School: _____</p> <p>Address: _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Principal contact: _____</p> <p>Email: _____</p> <p>Tel: _____</p> |
| | |

Thank you for taking the time to complete this survey. Please return completed forms to lynne.rowland@pendle.gov.uk
 Committee Services, Town Hall, Market Street, Nelson, Lancs., BB9 7LG