

Appendix 3

Terms of Reference for Together an Active Future (TAAF) Task Group

The Task Group is a sub-group of Pendle Health & Wellbeing Partnership and will develop and coordinate Pendle's TAAF programme on behalf of the Partnership and Pendle Council.

Task Group aim:

To develop and oversee Pendle's Together an Active Future programme to enable more people to be more active, more often and remove barriers for physical activity for the most sedentary in our communities.

Objectives

- To ensure Pendle's Together an Active Future programme reflects local need, insight, priorities and TAAF Design Principles, as outlined in Pendle's Strategic Investment Framework.
- To identify, co-design and cost interventions that aligned to the Workstreams and Pendle's Strategic Investment Framework
- To oversee the commissioning of the interventions within the programme's timescales
- To develop targeted interventions to meet the needs of specific targets groups and areas
- To monitor progress of the interventions and adopt a 'test and learn' approach
- To report progress quarterly to Pendle Health & Wellbeing Partnership and annually to PBC's Policy & Resources Committee.

Pendle's Together an Active Future Workstreams

The following 3 Workstreams have been identified for Pendle's Together an Active Future Programme, based on evidence and local insight:

- **Children & Young People**, with a particular focus those living in Bradley, Whitefield, Walverden and Brierfield.
- Those who regularly access **Primary Care**. To target those living with or at risk of health conditions, including mental health disorders, with a particular focus on Yardspinners and Colne Health Centre patients and ESA claimants living in Waterside and Southfield.
- **Social Movement for Health**. By supporting grassroots activities and better utilising community assets such as parks and greenspace we can help overcome some of the barriers to becoming active whilst motivating and empowering residents to take control of their own health and wellbeing.

Key Outcomes for Pendle's Together an Active programme

Increased availability in the community of low level physical activity opportunities and a strengthen infrastructure for social movement for health

Increased support from GPs/ Primary Care staff in non-clinical interventions

Identification of effective physical activity approaches and interventions in the community

Increased participation in physical activity in children and young people in the key target wards, and particularly amongst Year 6 children

Improved health and wellbeing amongst those living with, or at risk of, preventable health conditions in the key target wards

Membership

It is proposed that membership of the Pendle Together an Active Future Task Group will be made up of officer representatives from:

Pendle Council
Pendle Leisure Trust
Community sport representatives x 3
BPRCVS
Primary Care/ GP
Schools sports representative

The Task Group will initially meet weekly (every Tuesday 2pm up until 20th August) to develop the programme framework and the first submission to Sport England (due 3rd Sept). This will be presented to PBC Policy & Resources Committee for approval on 22nd August.

Task Group meetings will continue, albeit less frequently, following the initial submission to Sport England to enable continuation of the programme through both the Pathfinder and Accelerator stages.

Pendle's Together an Active Future leads (PLT Clive Escreet, PBC Gill Dickson) will co-chair and administer the Task Group meetings.