

Appendix 1

Pendle 'Together An Active Future' Strategic Investment Framework

Purpose:

The purpose of this Commissioning Framework is to guide strategic investment of Pendle's Sport England grant, directing spend on commissioned activity that:

- Responds to local insight and need
- Is aligned to local priorities
- Is co-designed to reflect Together An Active Future's nine Principles

From the evidence and need presented in **Appendix 2**, the following 3 Workstreams have been identified for Pendle's Together an Active Future Programme:

- **Children & Young People**, with a particular focus those living in Bradley, Whitefield, Walverden and Brierfield.
- Those who regularly access **Primary Care**. To target those living with or at risk of health conditions, including mental health disorders, with a particular focus on Yardspencers and Colne Health Centre patients and ESA claimants living in Waterside and Southfield.
- **Social Movement for Health**. By supporting grassroots activities and better utilising community assets such as parks and greenspace we can help overcome some of the barriers to becoming active whilst motivating and empowering residents to take control of their own health and wellbeing.

£45,000 will be allocated to Social Movement for Health, as match funding for the EL CCG's Social prescribing programme. The remaining £315,000 will be allocated between Children & Young People and Primary Care settings.

All interventions within each of the 3 Workstreams will be co-designed and costed by Pendle Health & Wellbeing Partnership with Pendle Council ratifying the initial programme prior to submission to Sport England.

Collectively, all interventions within the 3 Workstreams must demonstrate commitment to the nine Together an Active Future Design Principles:

- Demonstrate how ideas, plans and projects will help inactive people
- Demonstrate involvement of local people in gaining insight and building solutions
- Demonstrate consideration of the diversity of the local community
- Demonstrate an understanding of what needs to be different to make a difference
- Willingness to be bold, try new things, and dare to be different
- Demonstrate collaborations and partnerships that strengthen local delivery and build capacity in the long term
- Demonstrate consideration of a whole system approach
- Demonstrate sustainability going forward
- Participate in the test and learn approach