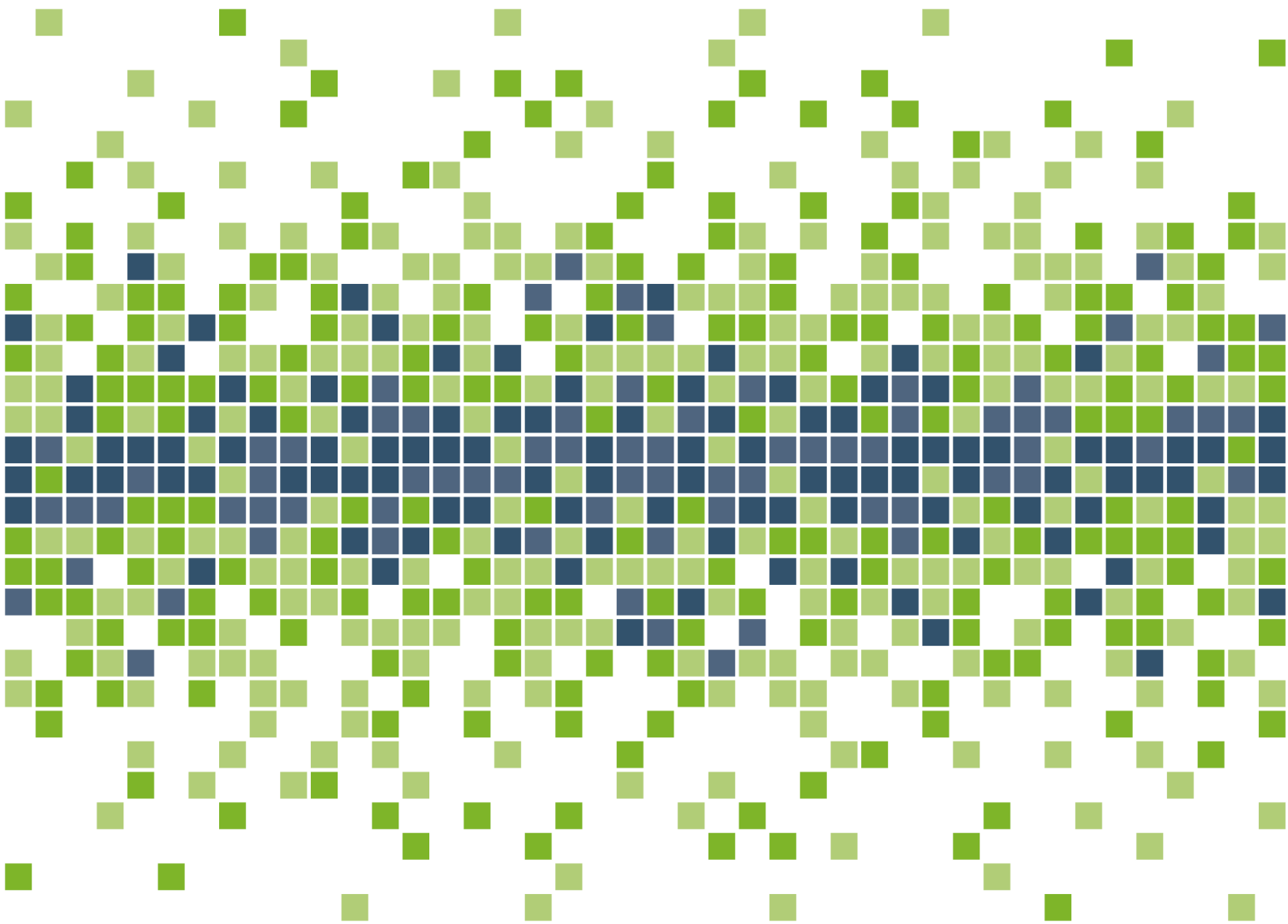


Pendle Sport and Leisure

Research Report August 2018



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Executive summary

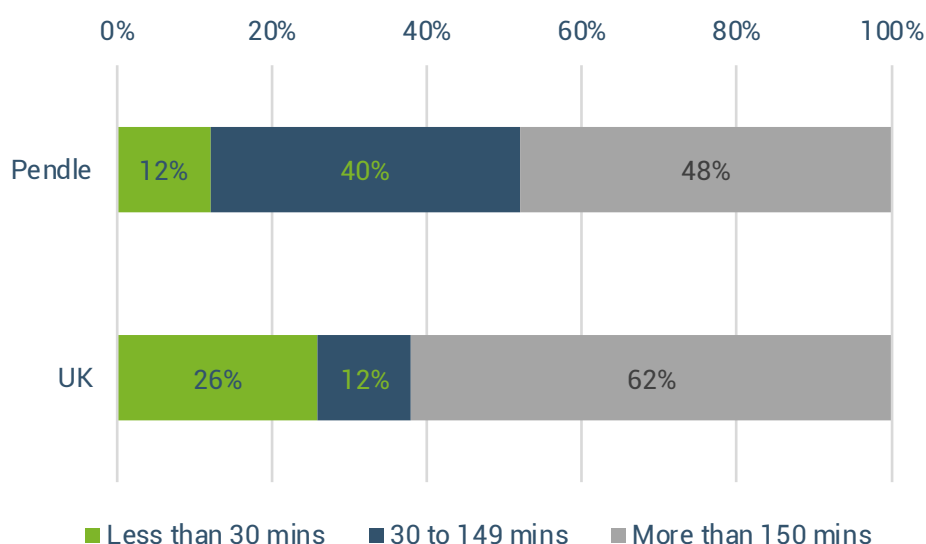
Overview

More than 700 responses were received to a survey on sport and leisure in Pendle, through a combination of online and paper.

Responses were received from residents across the borough, with around 1 in 5 living in the BB18 postcode area, 34% in BB8 and 35% in BB9.

Activity

Respondents to the survey are less 'active' than the UK population (more than 150 minutes of physical activity each week) but are considerably more likely to be 'fairly active' (30 to 149 minutes).



A large proportion walk to keep active, with fitness activities, swimming, running and cycling making up the top 5 activities. There is some variation across different groups.

Age group	More likely than others to...	Less likely than others to...
18 to 34	Fitness activities, eg gym	Swimming
35 to 44	Running on their own	-
45 to 54	-	-
55 to 64	Walking for leisure	Team sports
65 or over	Racket sports	Running on their own
Male	Cycling	Dance classes
Female	Swimming	Team sports
BB8 area	Running (on own and organised)	-
BB9 area	Dance classes	Cycling
BB18 area	Fitness activities, eg gym	Organised team sports

Motivations and barriers

Respondents are not only motivated by the obvious physical health benefits but also wider wellbeing, including the 'feel-good' factor, enjoying activities, managing their mental health and for social interaction.

- 18 to 34 year olds are more likely than others to be motivated by body image and staying slim
- 35 to 44 year olds are more likely than others to do it for their children, either as a role model or simply to ensure they remain in good health
- Respondents aged 65 or over are more likely than others to keep active to maintain good health and manage specific health issues as they get older

Time appears to be the biggest issue for respondents, particularly the impact of work, childcare and family life. Comments related both to general lack of time to prioritise exercise and keeping fit, as well as the need for activities and facilities in the local area to be available at times that work for them.

Memberships and use of facilities

More than half of respondents are not a member of any leisure facility or gym, with around three in ten indicating that they have an Activo membership with Pendle Leisure Trust.

Two in five respondents have used either Wavelengths or Pendle Leisure Centre in the last 12 months, with this noticeably higher amongst those with an Activo membership.

Around one in five have used either parks or playing fields in the borough.

One in four respondents are part of a club or organised group, with this higher for residents in the BB8 postcode area. 35 to 44 year olds are more likely than others to indicate that they would like to join a local club or organised group in the future.

Feedback on local provision

There was a mix of positive and negative feedback on sport and leisure provision in Pendle as well as a range of suggestions.

Feedback	Suggestions
Positive: <ul style="list-style-type: none">• Well catered for• Wide variety of facilities Negative: <ul style="list-style-type: none">• Expensive• In need of refurbishment	<ul style="list-style-type: none">• Promote and market more• New facilities, eg 3G pitch• New classes and activities• Rationalise facilities and improve quality• Improve outdoor access in Pendle, eg cycle routes, bridleways

Children and young people

27% of respondents indicated that they have at least one child under the age of 16 in their household.

Children are most likely to have been swimming or walking in the last 12 months, followed by cycling, organised team sports and fitness activities.

Comments about provision for children and young people were again mixed. Some were positive about the variety of activities and range of facilities with 'lots to do' whilst other comments focused on the cost of activities and the need for more outdoor activities for young people.

A number of comments suggested that there is less provision and focus on young teenagers of secondary school age.

Priorities

Affordability and low cost is by far the number one priority for respondents when accessing sport and leisure facilities, particularly those aged 35 to 44.

Different age groups appear to have different priorities secondary to cost.

Age group	More bothered about...	Less bothered about...
18 to 34	Extended opening hours Access to additional facilities	Location/ convenience Range of activities available
35 to 44	Affordability/ low cost Range of activities available	Quality of facilities Level of social interaction
45 to 54	Access to additional facilities Extended opening hours	Range of activities available Range of facilities available
55 to 64	Quality of facilities Quality of training/ coaches	Level of social interaction Extended opening hours
65 or over	Location/ convenience Level of social interaction	Affordability/ low cost Extended opening hours

Linked to affordability, individual respondents are spending an average of £25 a month on leisure facilities and memberships. This rises to £36 for those who indicated that they have an Active membership. It is also higher amongst 45 to 54 year olds.

General views on local provision

Even though comments earlier suggested the need for better promotion and marketing of local facilities and activities, more than 80% of respondents indicated that they know what is available to them in the local area.

More than seven in ten respondents are satisfied with the overall sport and leisure provision and facilities in Pendle.

Agreement is more mixed on whether people would travel or pay more to access better leisure facilities. People aged 18 to 34 are more willing than others to travel for better facilities, with those over the age of 65 most likely to disagree.

Background and methodology

Background

To help inform future sport and leisure provision in the borough, Pendle Borough Council identified the need to undertake some consultation with local residents and users of facilities in Pendle.

The aims of the consultation were to:

- Understand how people stay fit and active, including the activities they take part in and facilities they use and what they would like to do in the future
- Better understand what motivates people to keep fit and what is stopping them
- Gain feedback on the sport and leisure offer in the borough, including its facilities
- Get a picture of the activities children and young people are taking part in and feedback on how the leisure offer works for this age group via parents
- Identify what the most important drivers and factors are for people when using sports and leisure facilities to keep active and healthy
- Determine appetite for volunteering to support sports and leisure activities, including the concept of a time credit reward system
- Get some general feedback from local sports groups and organisations who may have a view on the local offer

Methodology

An open-access survey was developed and hosted online, going live on 8 June 2018 and closing on 5 August 2018, a period of more than 8 weeks.

There was a wide range of communication to promote the consultation, including social media updates on Facebook, Twitter and Instagram, press releases issued to local newspapers, articles in Pendle Borough Council e-newsletters, direct invites to residents on the Get Connected email database, an advert on local radio and council officers engaging residents at the local bus interchange.

The online survey was complemented by a paper survey available in public buildings across the borough for anyone who may not have access to the internet. These locations included council buildings, libraries, sports centres, health centres and GP surgeries.

In total, 721 responses were received to the Pendle sport and leisure survey. 576 responses were submitted through the online survey and 145 paper surveys were returned.

Figure 1 provides an overview of how respondents found the survey. Facebook updates appear to be the most effective way to reach residents, followed by direct emails to registered Get Connected users.

Figure 1: How respondents found the survey (n = 704)

Communication method	%
Facebook	38%
Direct email - Get Connected	27%
Paper surveys in public buildings	18%
Pendle Council website	6%
Street interview	3%
Other	3%
Word of mouth	2%
Other email	2%
Twitter	1%
Local paper	1%
Radio	0%

Of the 721 responses, the vast majority (710 responses) came from individual members of the public. 11 responses were received from local organisations or groups.

This report focuses on the findings from the individual responses, with a final section summarising the feedback received from groups and organisations.

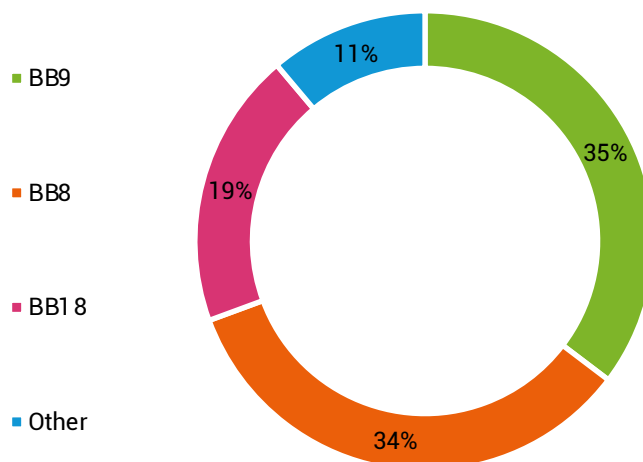
Who responded?

There was a relatively even spread of responses from residents across the Pendle borough.

35% of respondents who provided a postcode live in the BB9 area, followed by 34% in the BB8 area and 19% in BB18.

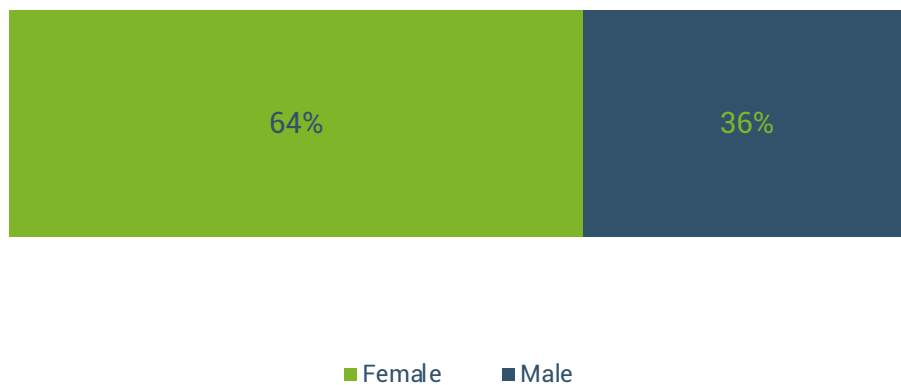
11% of postcodes are categorised as 'other', including BB10 and BB7.

Figure 2: Postcode area of respondents (n = 637)



More females than males responded to the survey.

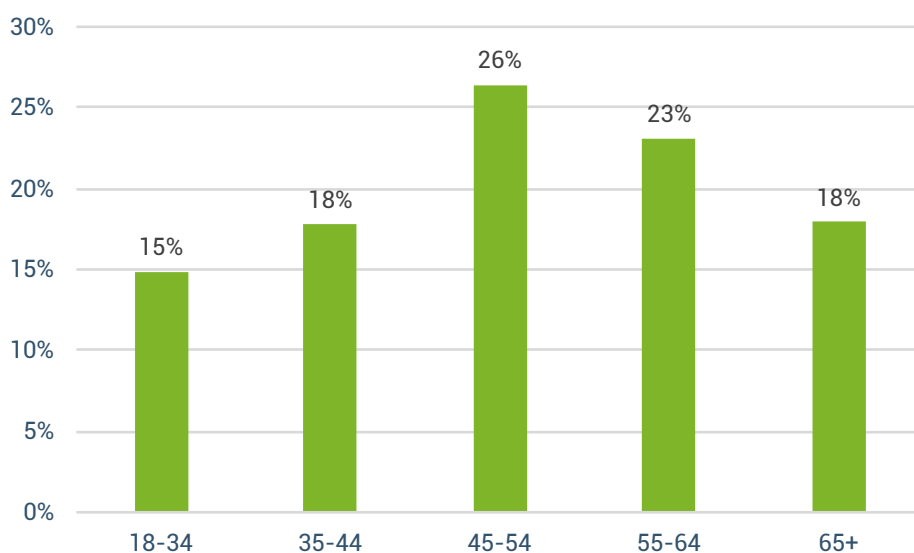
Figure 3: Gender of respondents (n = 682)



There was a relatively even spread of responses across the different age groups, although 18 to 24 year olds and 25 to 34 year olds have been grouped to provide a more substantial sub-sample group.

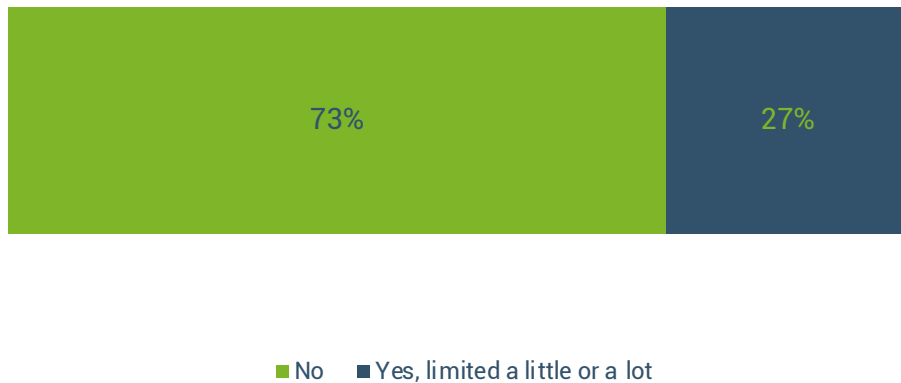
More than one in four responses were received from residents in the 45 to 54 age group.

Figure 4: Age group of respondents (n = 693)



Just less than three in four respondents indicated that they have no limiting long term illness or disability. 27% have some form of limiting illness or disability, with the majority of these identifying that it limits them a little.

Figure 5: Whether respondents have a disability (n = 688)



The vast majority of respondents (94%) identified themselves as being of White British ethnicity. 3% indicated that they are of Asian or Asian British ethnicity and a further 3% identified another ethnicity.

Keeping active and healthy

Activities

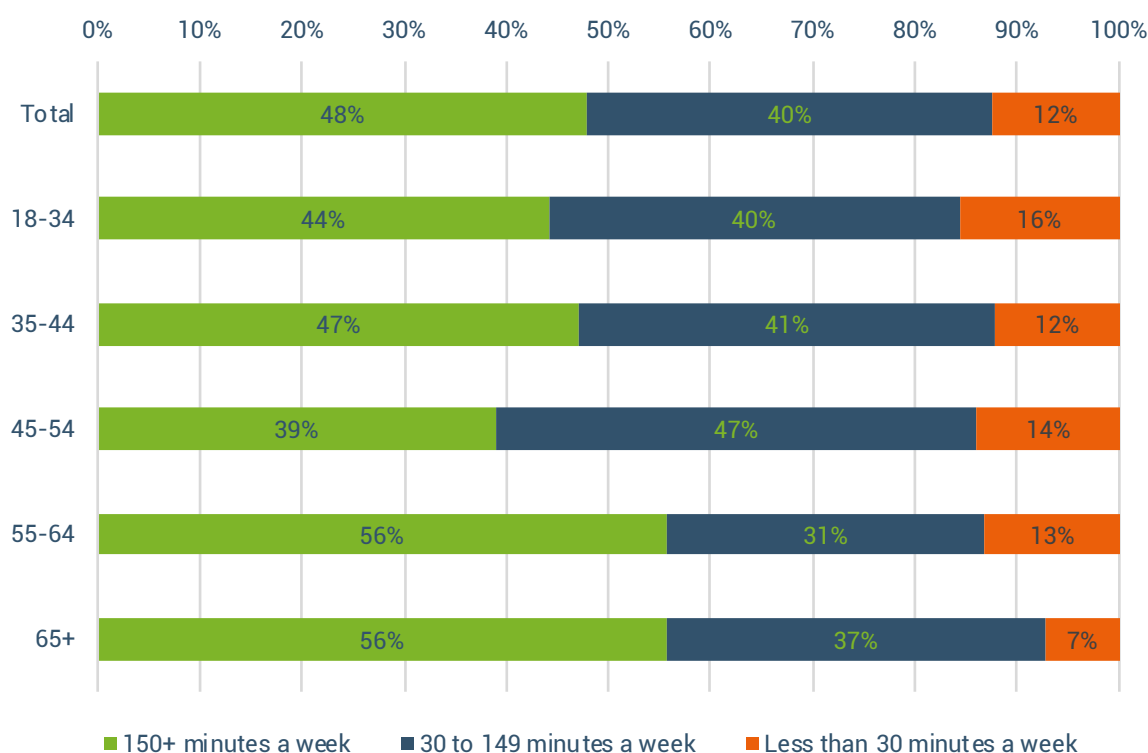
Nearly half of respondents indicated that they undertake at least 150 minutes of physical activity each week. Males appear more likely to get at least 150 minutes of exercise each week than females (54% v 45%).

Respondents from the BB18 area also more likely to exercise more than those living in other areas, with 59% getting at least 150 minutes of physical activity each week.

Comparatively, Sport England's Active Lives survey reveals 61.8% of the UK adult population are achieving at least 150 minutes of physical activity each week. This is higher than the 48% of respondents to this Pendle survey.

However, 25.7% of the UK population are achieving less than 30 minutes of physical activity each week which is higher than the 12% of Pendle adults responding to this survey.

Figure 6: How much physical activity respondents undertake each week, by age (n = 705)



Next, the survey asked when the last time was that people undertook a range of different physical activities.

Walking for leisure appears to be the most common physical activity and is most popular with 55 to 64 year olds with 91% having done so in the last 4 weeks. However, the level of walking in the last 4 weeks drops off to 79% amongst residents aged 65 or over

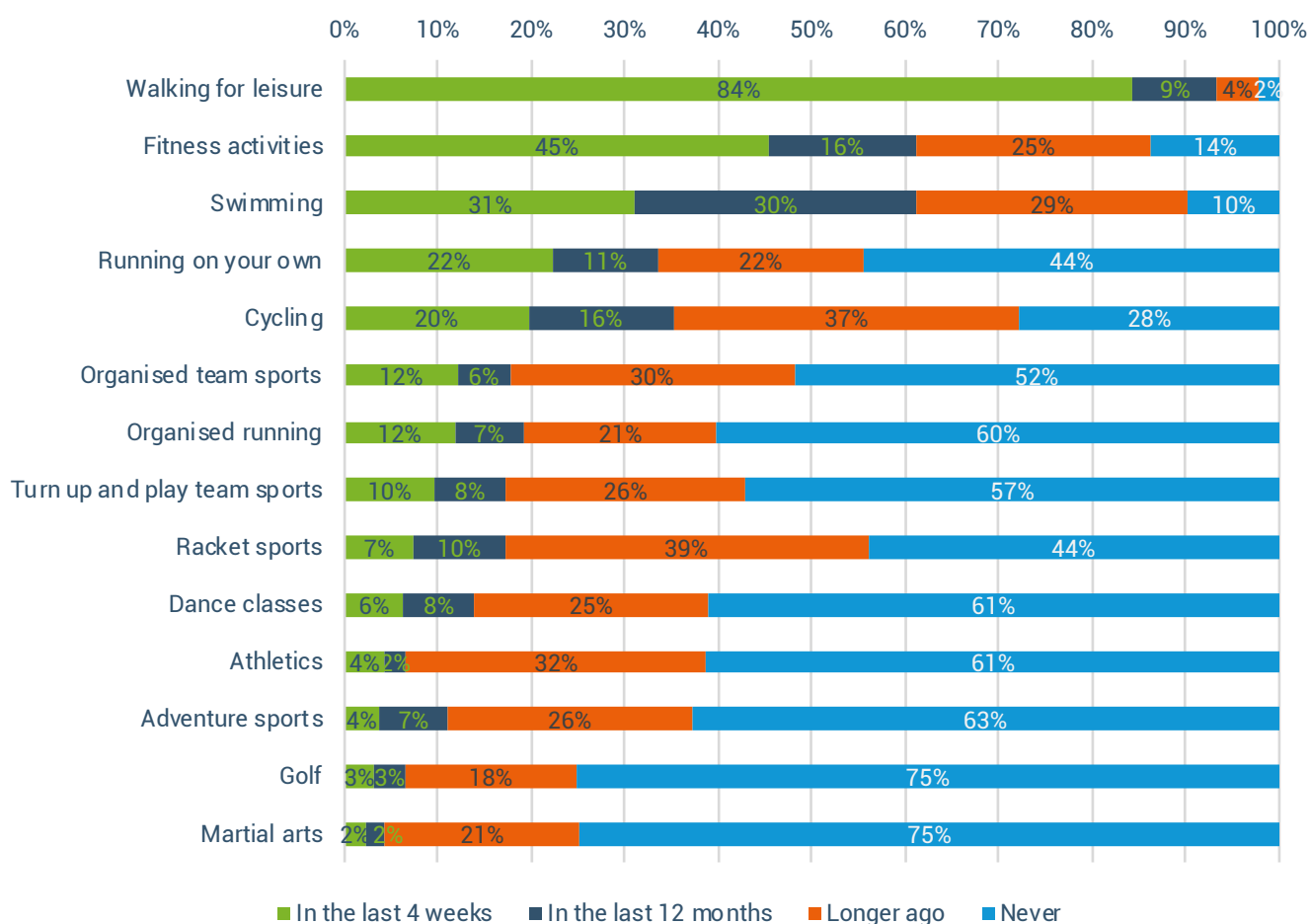
45% of respondents have undertaken fitness activities including attending the gym and fitness classes during the last 4 weeks. 18 to 34 year olds are most likely to have undertaken fitness activities in the last 4 weeks (53%).

35 to 44 year olds (37%) and women (34%) are the demographic groups most likely to have been swimming in the last 4 weeks.

39% of 35 to 44 year olds have been running on their own in the last 4 weeks compared to just 1% of residents aged 65 or over.

A quarter of 18 to 34 year olds have taken part in an organised team sport in the last 4 weeks.

Figure 7: Last time respondents undertook different activities (n = 697)



In terms of physical activities that respondents are thinking of undertaking in the next 12 months, again walking for leisure is the most commonly selected response.

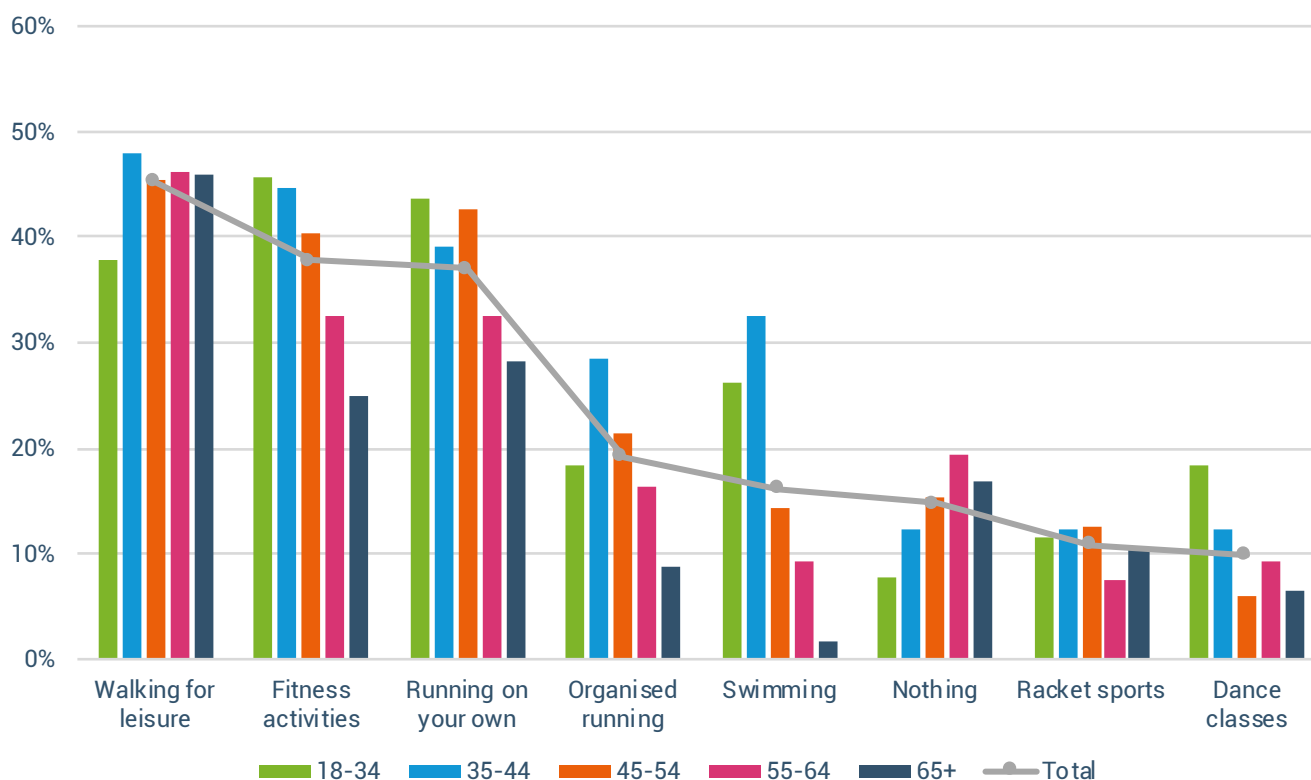
The youngest age group (18 to 34 year olds) are least likely to consider walking for leisure, as are those in the BB18 postcode area. Instead 18 to 34 year olds are more likely than any other age group to consider fitness activities in the next 12 months.

18 to 34 year olds are also the group most inclined to run on their own and are more likely to do so on their own than in an organised group. 35 to 44 year olds are the age group most interested in organised running.

Male respondents have no interest in dance classes (2%).

Just 8% of respondents indicated that they are thinking of undertaking cycling in the next 12 months, although it appears to the 65 or over age group is bringing the overall figure down with just 1% of the oldest age group interested in cycling.

Figure 8: Activities respondents are thinking of undertaking in next 12 months (n = 710)



When asked what they would like to do in their local area to keep active and healthy but isn't currently available, the main themes related to how activities and facilities are provided rather than specific sports and activities. In particular:

- The impact of work and childcare on their availability to attend facilities and classes, calling for more flexible and convenient opening times

"Being a parent of young children there isn't anything that we can do collectively that isn't during 9-5 working hours"

"Hardly anything available for people who work long hours"

"More fitness clubs - open in the evenings, more varied"

- The need for activities and facilities to cater for particular groups, including those with a disability or health issues, people in old age and women only classes

"Walking clubs, on a flat surface for overweight, disabled etc"

"Start up courses on say running, walking, activity and nutrition for people with problems (diabetes) and the over 60s"

"More ladies only sports"

Of the specific activities suggested, the most commonly identified were:

- Rock climbing or bouldering

"Rock climbing/ indoor bouldering"

"Access to rock climbing wall"

- Ball sports like football and netball (often relating to provision of a 3G pitch)

"We used to play netball in Colne but it moved to Burnley when the all weather pitch closed down. It would be great if the Colne league could play in Colne again."

"Outdoor football on 3G/ 4G"

- Water-based sports including swimming

"Outdoor/ open swimming. In safe reservoirs or lake."

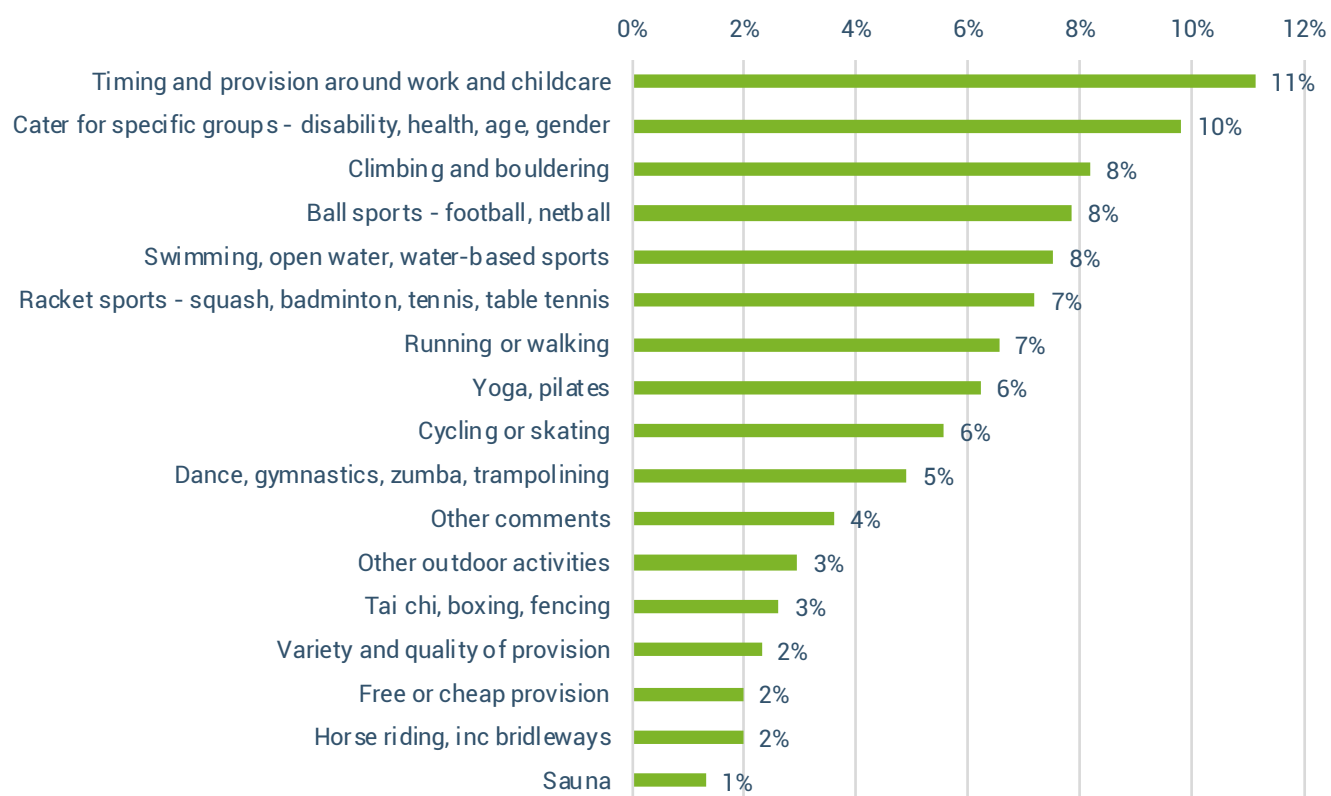
"Water sports e.g kayaking"

"I'm not sure whether adult swimming lessons are available"

Younger age groups were most likely to suggest sports like rock climbing, football and netball.

There were a wide range of other activities highlighted including racket sports, running and walking groups, yoga and pilates classes, cycling and dance.

Figure 9: What respondents would like to do but isn't currently available (coded, n = 306)



Motivations and barriers

As might be expected, maintaining general health and fitness was the most common response when asked openly what motivates them to exercise and keep active.

"Keep a basic level of fitness to improve health"

"Keep fit and healthy"

18 to 34 year olds are more likely than other groups to be motivated by body image (38% versus 25% overall).

"Hoping to change body shape"

"Not being the size of a whale motivates me"

3 in 10 comments from people over the age of 65 related to managing a health condition or the benefits and impact of exercise as they get older.

"I have a problem with my lower back and right hip. Regular walking helps and is also a good way of getting out and meeting people"

"Always enjoyed keeping fit but now, as I get older, am more aware of the health benefits of exercise"

"I'm an old crock but the evidence seems to be that we old crocks should keep exercising"

People also indicated that they exercise for the feel-good factor and generally enjoy the activities they take part in.

"Exercise makes me feel better"

"Feeling great afterwards but I have to enjoy the activity itself"

"I enjoy exercise and keeping fit. I also enjoy being outdoors with friends."

Younger age groups in particular highlighted that they exercise for their children and family, either to be a role model or simply to ensure they can be there for them.

"Setting a good example for my daughter, although she is much more active than I am"

"Staying healthy for my children"

"The kids and being able to keep up with them as they get older"

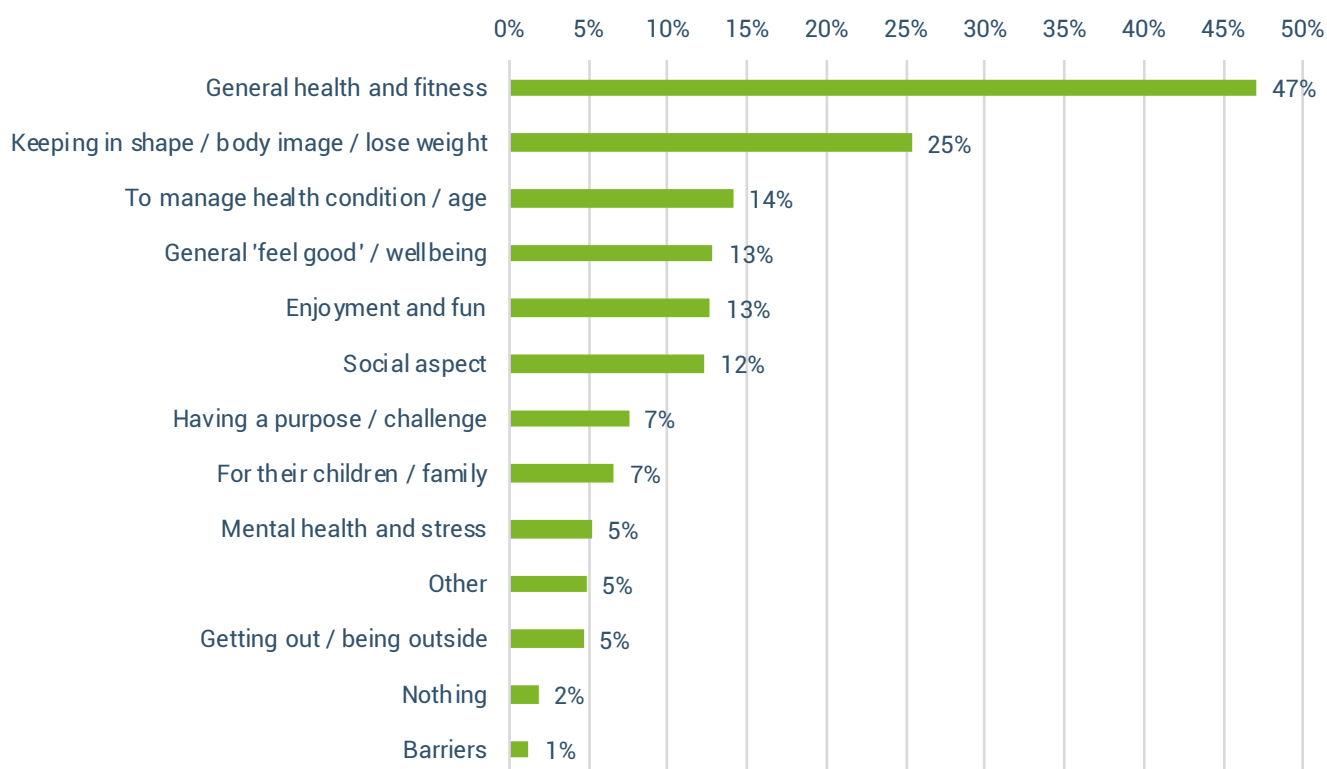
The importance of social interaction was also highlighted by respondents.

"More a social thing. To meet new people and challenge expectations"

"I think the social side helps"

"Friendship, health, being part of the community"

Figure 10: What motivates respondents to exercise and keep active (coded, n = 561)



Time appears to be the biggest barrier to people exercising more, particularly for those aged 35 to 44 with the demands of work and childcare regularly cited.

"Too many commitments at work and home - little time to myself"

"Very difficult when you work full-time and have a home to run"

"Childcare issues - I don't feel I can get a babysitter just to go out and exercise for myself"

Conversely, health and old age is the biggest barrier for residents over the age of 65.

"Age. Arthritis in spine now makes it harder to do as much as I did."

"A 70 year old body!"

"Aches and pains sometimes due to getting older"

Other frequent responses to why people don't exercise more include the cost of activities and facilities in the local area, the quality and availability of provision and motivation to keep active.

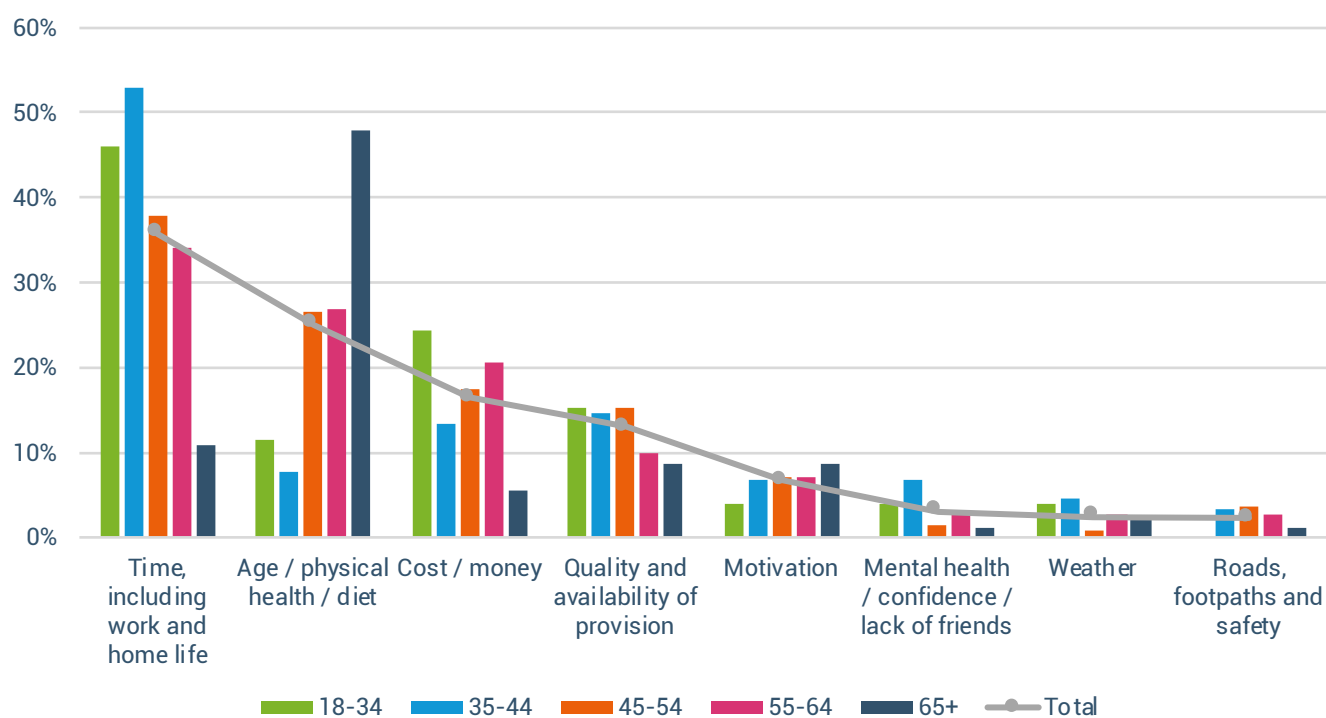
"Would swim more if the price was cheaper"

"The cost of gym, classes and swimming. With the rising cost of living coupled with stagnant wages it is impossible to have much spare for leisure activities."

"Cost and the availability of leisure facilities"

"Laziness stops me from doing more and the fact I don't like it"

Figure 11: What stops respondents from exercising more (coded, n = 523)

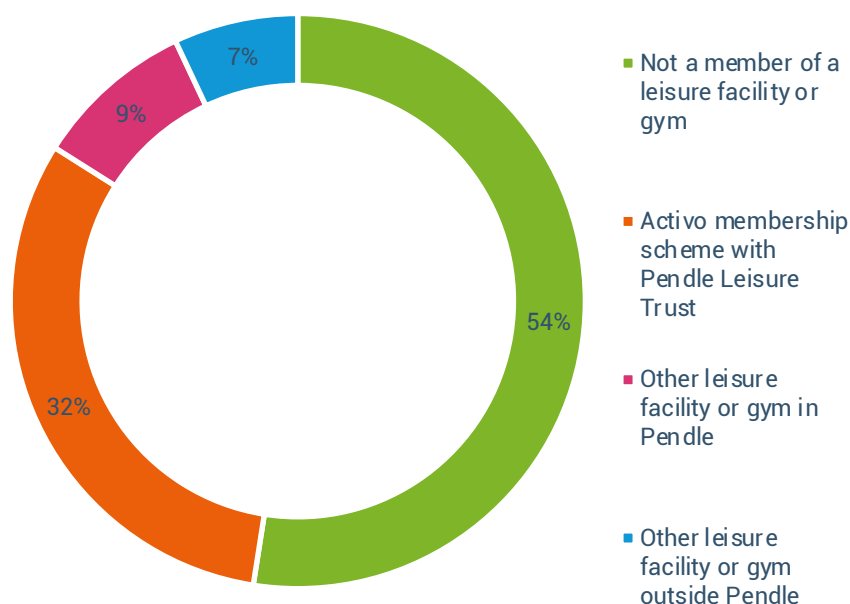


Facilities and memberships

Just over half of respondents are not a member of a leisure facility or gym, with this higher for the 35 to 44 and 65 or over age groups.

Around three in ten respondents indicated that they are an Activo member with Pendle Leisure Trust, with females more likely to be a member than males.

Figure 12: Membership of gyms and leisure facilities (n = 668)



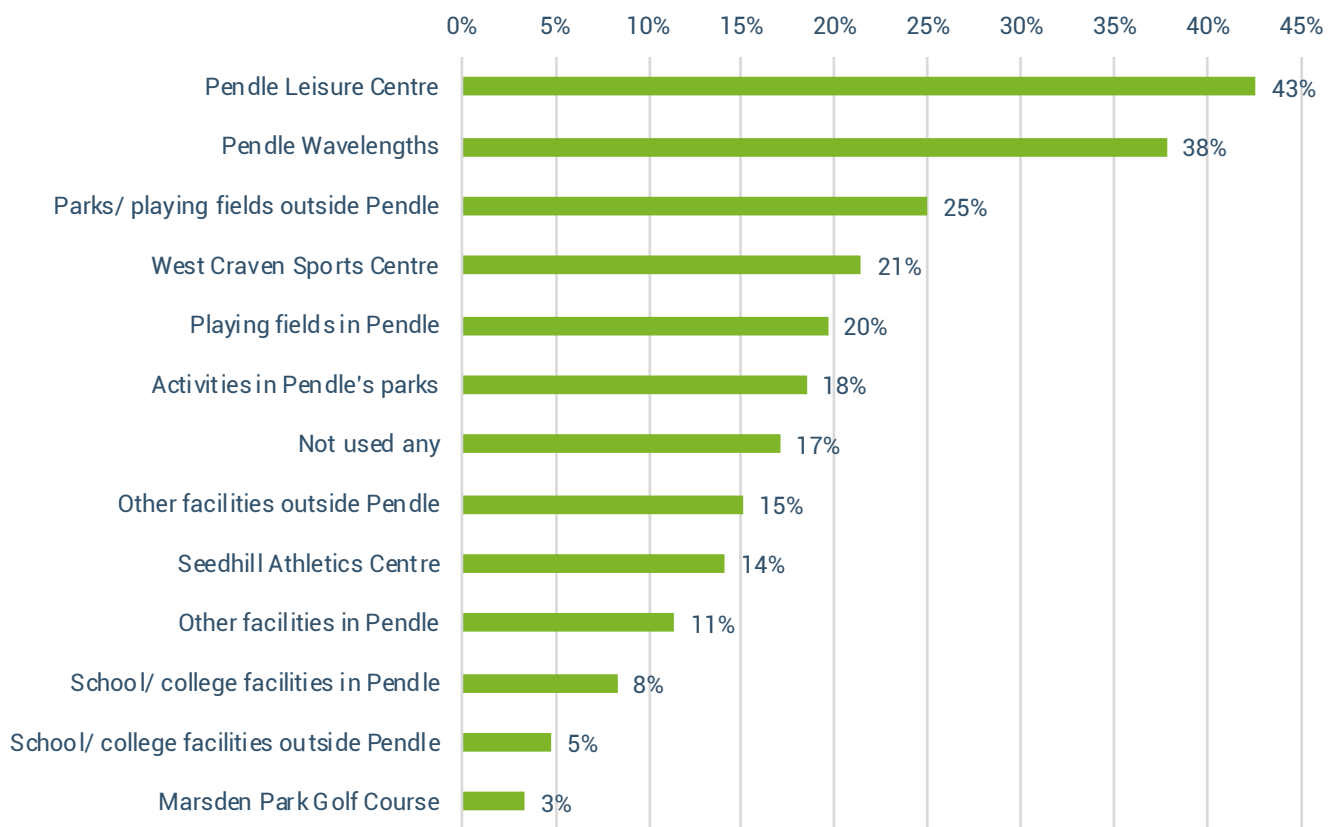
Respondents to the survey were asked if they had used any leisure facilities during the last 12 months. 43% indicated that they had used Pendle Leisure Centre, whilst 38% had used Pendle Wavelengths.

The use of Pendle Leisure Trust facilities, as might be expected, is considerably higher for those with an Activo membership.

The responses suggest residents use a wide range of facilities including local parks, playing fields and school facilities.

17% of respondents indicated that they have not used any leisure or sport facilities in the last 12 months.

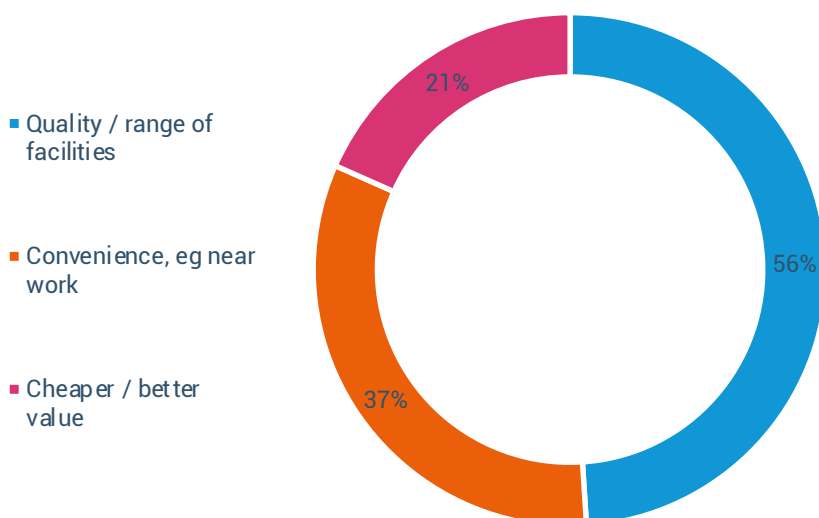
Figure 13: Facilities used by respondents in the last 12 months (n = 710)



Of those who use facilities outside of the borough, more than half indicated they do so because of the quality and range of activities available at the facilities they choose to use.

Just over a third commented on the convenience and location of the facilities they use, including proximity to their place of work and residents who live on the fringes of the Pendle borough.

Figure 14: Reasons for using facilities outside of Pendle (coded, n = 43)

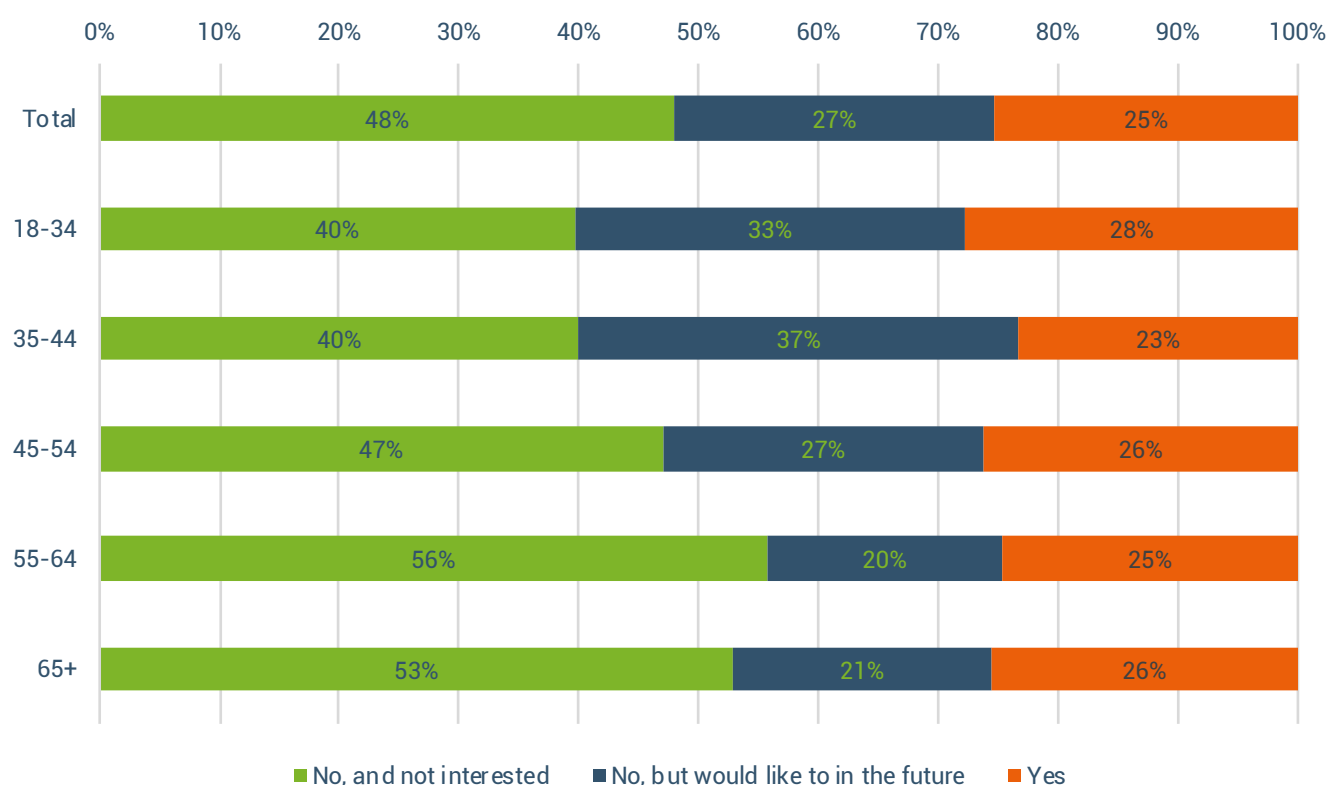


One in four respondents are part of a local sports club or organised group, with this proportion relatively consistent across the different age groups. 30% of respondents in the BB8 area are in a club or group.

27% of respondents are not part of a club or group but indicate that they would like to in the future, with this likelihood highest in the 35 to 44 age group.

Respondents in the BB18 area are most likely to have no interest in being part of a local club or organised group (55%).

Figure 15: Whether respondents are part of a local sports club or group (n = 698)



Respondents were asked for any comments about the provision and facilities available for sports and leisure in the local area.

Of those received, 27% were positive comments including:

"Good variety for all age groups. I think Pendle is well catered for."

"Excellent for size of area"

"We are extremely lucky to have such an array of quality facilities in Pendle which are operated very efficiently"

There were some common negative responses about the cost and expense of facilities in the local area as well as the need to update, improve and better maintain these.

"It's very expensive when on a minimal income"

"Pendle Leisure could have a gym only membership that would fetch it in line with other local gyms in price bracket area"

"Pendle Leisure Centre could do with modernising. The facilities are looking dated and could do with upgrading."

"Whilst we have some good facilities some are now getting dated."

A range of suggestions were made for new facilities and activities, including:

"I would like to see more family exercise classes"

"Desperately need all weather pitches"

"Outdoor gym equipment"

Other comments include:

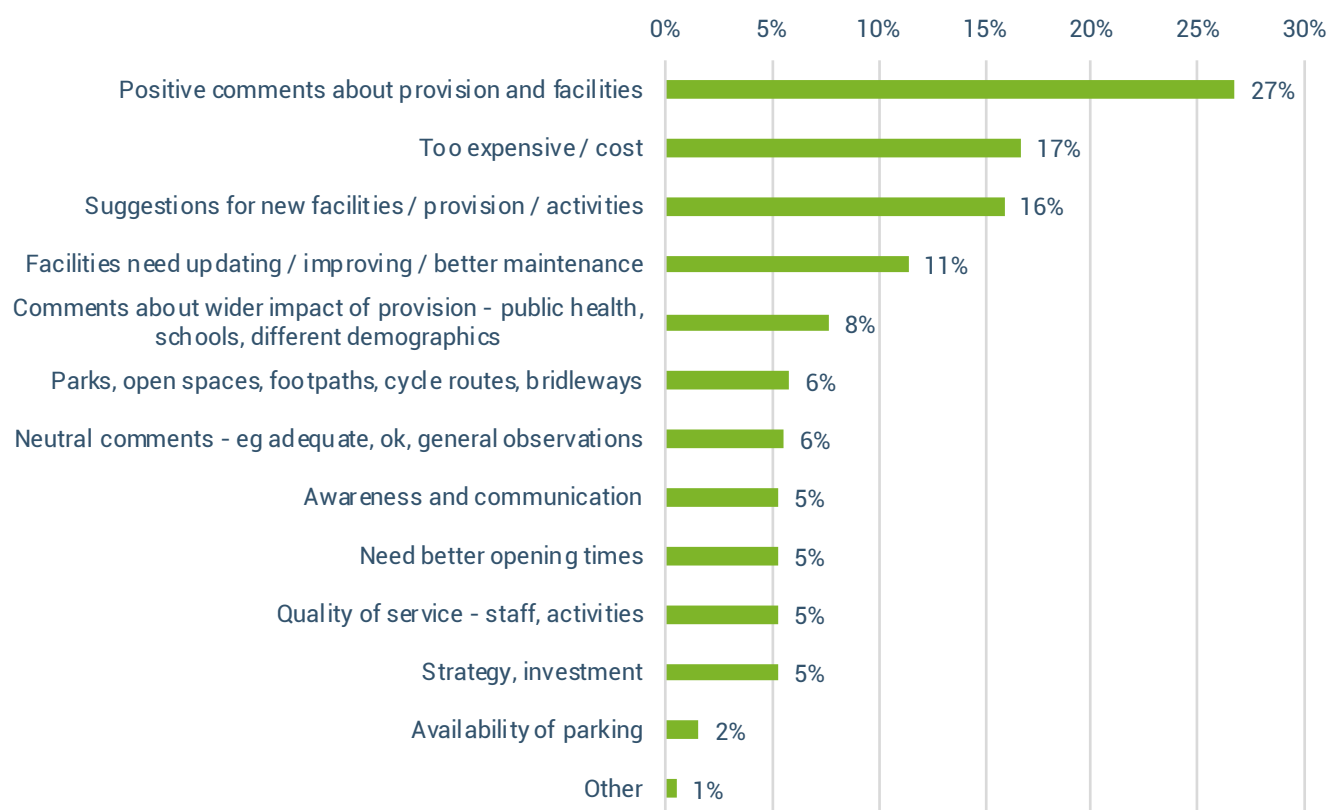
"We have the facilities we just need to advertise and promote them better"

"In general we should consolidate and go for quality locations not duplication ie one central modern aquatic centre, not three"

"I would love to see landowners given incentives to open up and improve access across their land for walking and cycling"

"Not enough safe, connected off road bridleways/ multi user routes"

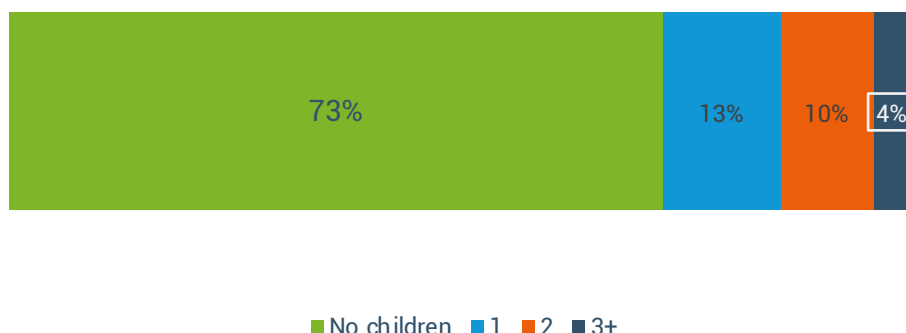
Figure 16: Comments about leisure provision and facilities in the area (coded, n = 378)



Children and young people

73% of respondents do not have any children under the age of 16 in their household. Of the 27% with children in their household, the majority have either 1 or 2 children.

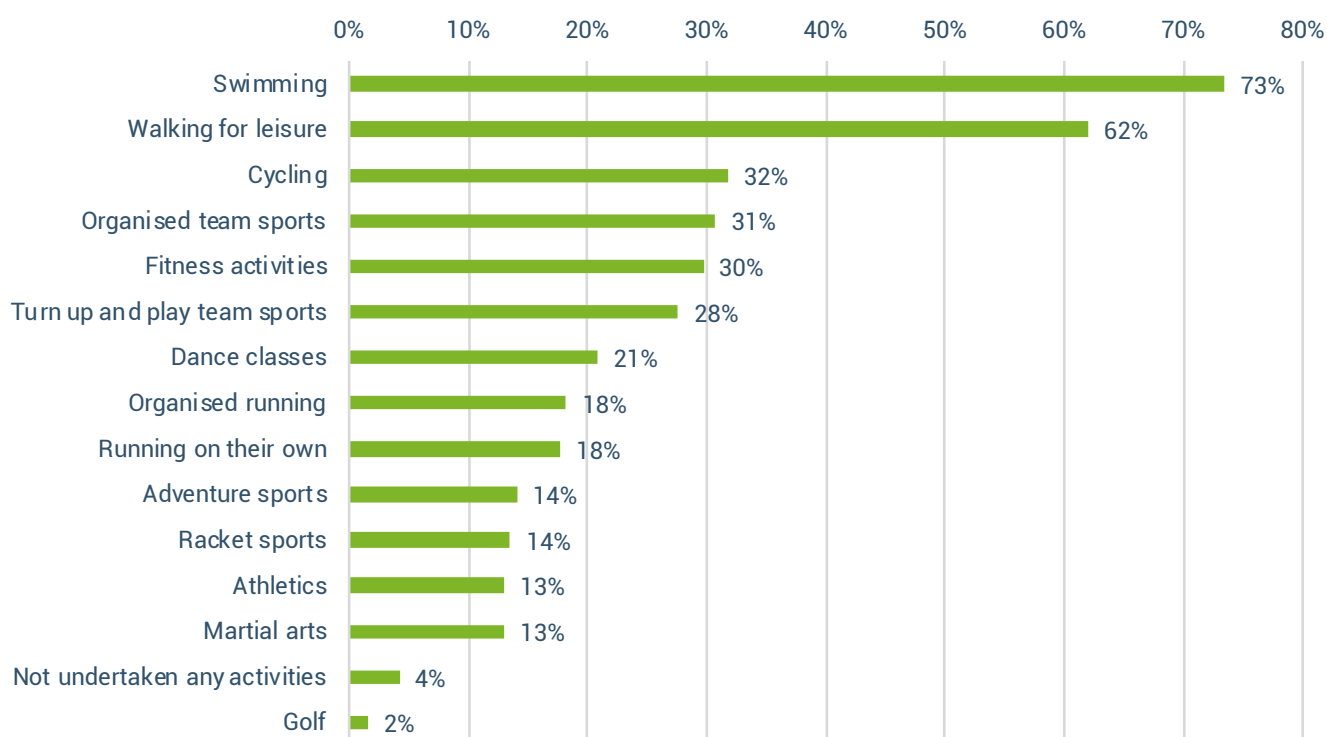
Figure 17: Children under the age of 16 in the household (n = 699)



Of those respondents with children, close to three in four indicated that their children have taken part in swimming activities during the last 12 months whilst 62% have been walking for leisure.

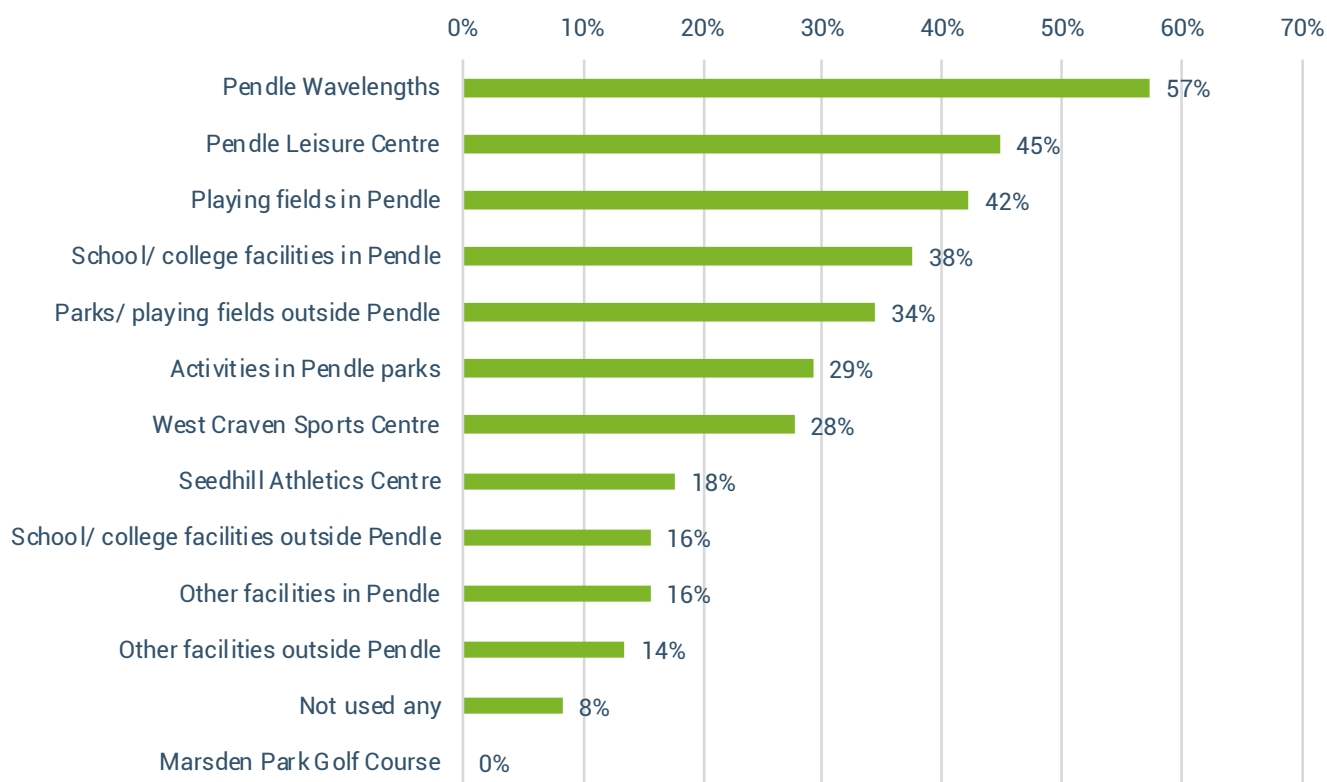
Around three in ten children have cycled, competed in organised team sports, taken part in fitness activities and 'turn up and play' team sports.

Figure 18: Activities that children have undertaken in the last 12 months (n = 192)



In terms of the facilities used by children, 57% of respondents with children in their household indicated that they have used Wavelengths in the last 12 months whilst 45% have used Pendle Leisure Centre.

Figure 19: Facilities used by children in the last 12 months (n = 192)



Of the comments received about leisure provision and facilities for children, 21% were positive with examples including:

"Pump track is an excellent idea. The area could do with more off road cycle tracks for youngsters."

"There's quite a lot to do in Pendle for children"

"I think it's great, there are several sports centres and pools as well as the Steven Burke sports hub which always appears to be busy"

A range of suggestions were received in the comments, including:

"I would say may be more team sports should be provided, encouraging more schools to participate"

"More outdoor activities would be good - we have the space in our local parks"

"Bring back the youth clubs"

"We should be having a lot of free stuff for them to do to try and get active and in the community"

Around one in ten comments were negative about provision, generally suggesting that there is not enough available for young people in the borough.

"They are expensive and quite limited in scope"

"Local pools are shabby"

"I don't think there is enough provision - I think that the local park facilities e.g. slides, climbing frames etc"

Other comments received included:

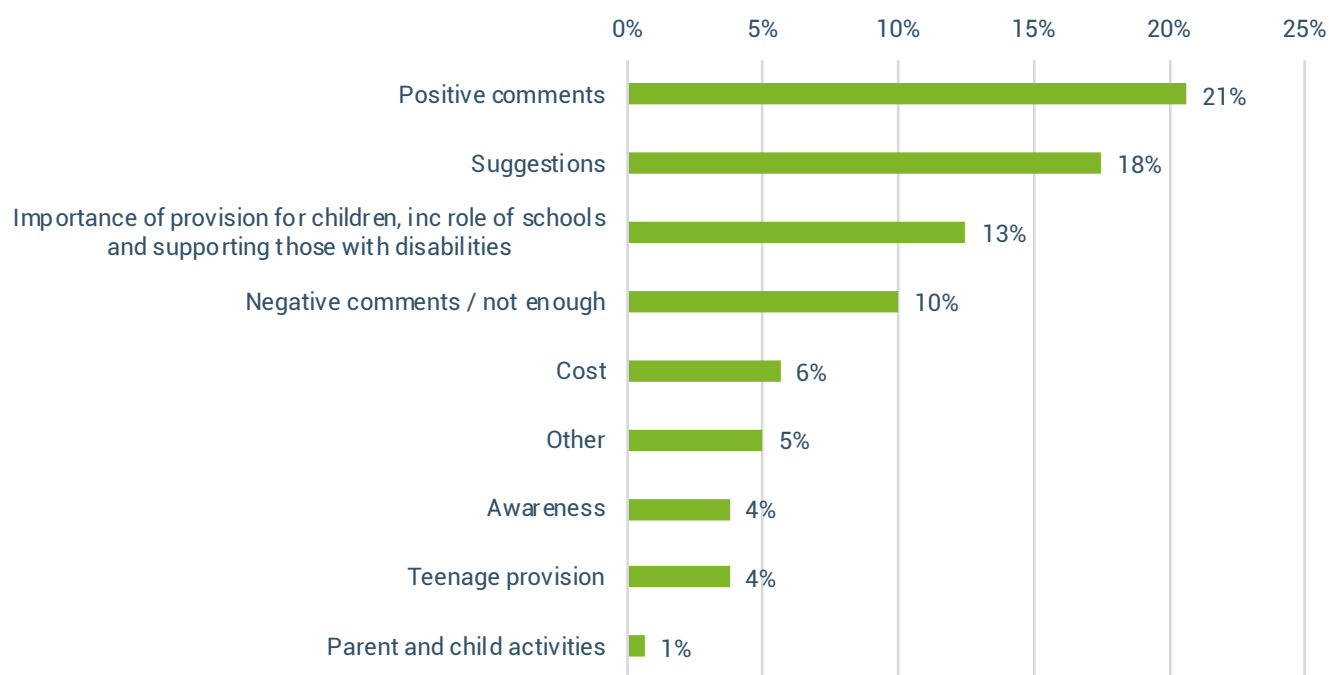
"Looking at groups of youths wandering aimlessly around town, there is obviously not enough provision of leisure activities/ facilities to suit them"

"I think teenagers are probably the least catered for."

"Kids can't play out nowadays as much as we did (years ago). Loss of places to play. Lack of youth groups & volunteer organisations"

"I don't think parents or children are aware of the full range of what's available"

Figure 20: Comments about provision for children and young people (coded, n = 254)



Priorities and barriers

Respondents were asked what is most important to them when using sports and leisure facilities to keep active and healthy and were limited to a maximum of 3 responses.

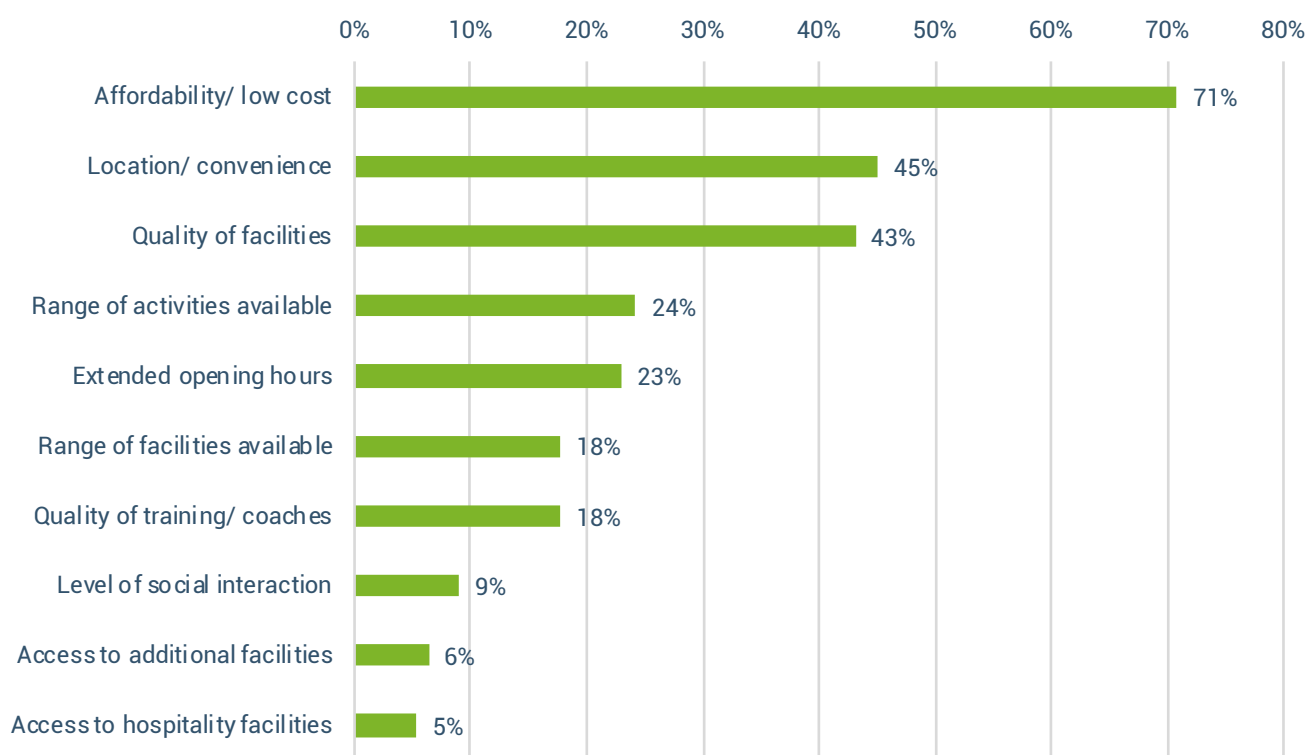
Affordable, low cost facilities are by some distance the most important factor for local residents, particularly for those aged 35 to 44 (79%).

The location and convenience of facilities are more important for older people than other age groups, with 53% of residents aged 65 or over identifying this compared to 32% of 18 to 34 year olds.

There is a significant difference in the importance of extended opening hours between 18 to 34 year olds (37%) and those aged 65 or over (4%).

Respondents living in the BB18 area were more likely than others to identify affordability (77%) and location/ convenience (52%) as important factors for them.

Figure 21: Most important factors for taking part in activities and using facilities (n = 710)



On average, respondents indicate that they spend an estimated £25.02 each month on sports and leisure facilities and activities. This is highest amongst 45 to 54 year olds. It is lowest for those with a limiting illness or disability.

Those who indicated that they have an Activo membership scheme spend more each month (£36.40) than those who are a member of another leisure facility or gym in Pendle (£29.50) or who are not a member of any facility or gym (£15.30).

Of those respondents who have children under the age of 16 in their household, they spend an average of £34 a month on facilities and activities for their children.

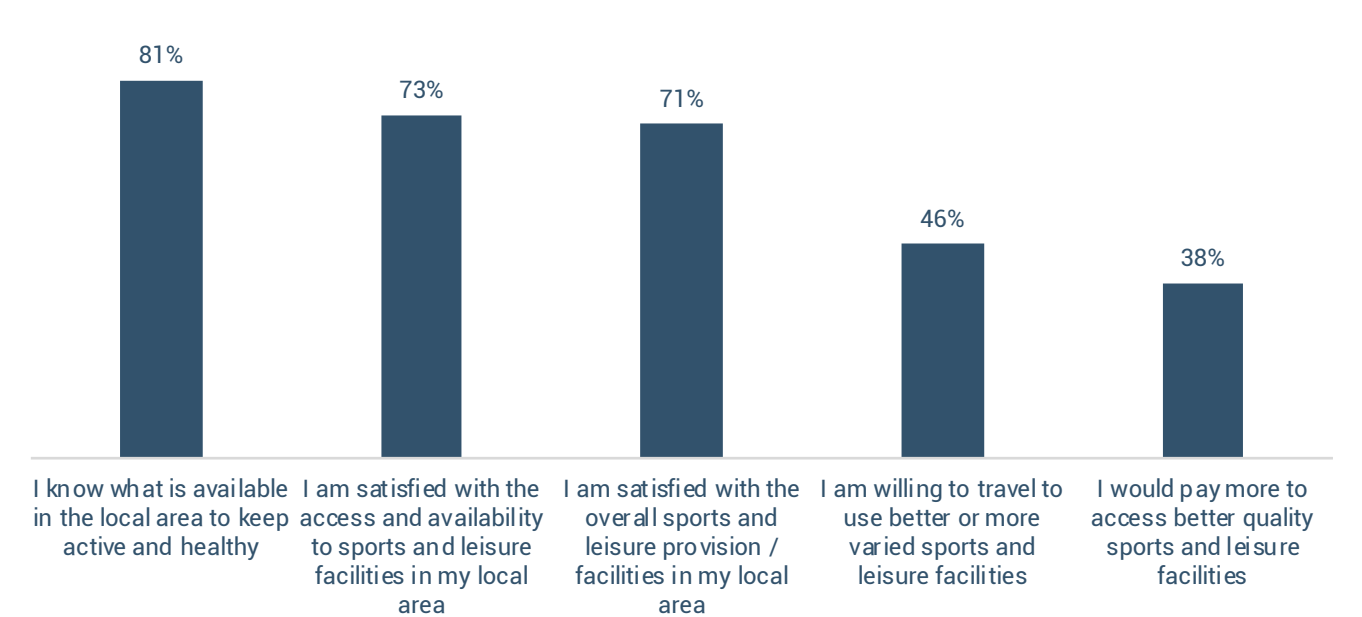
Figure 22: Estimated monthly individual spend on sports and leisure facilities (n = 579)



Four in five respondents agree that they know what is available in the local area to keep active and healthy, particularly those aged 45 or over. Relatively speaking the agreement level is lower in the BB8 area (74%) and amongst 18 to 34 year olds (71%).

Satisfaction is above 70% with access and availability of sports and leisure facilities in the area, as well as overall satisfaction with provision in their local area. 91% of respondents who indicated that they are an Activo member are satisfied with the overall sports and leisure provision in their area. They are also the group least likely to travel to use better or more varied facilities or to pay more for better quality facilities.

Figure 23: Statements about local sports and leisure provision (strongly agree or agree, n = 683)

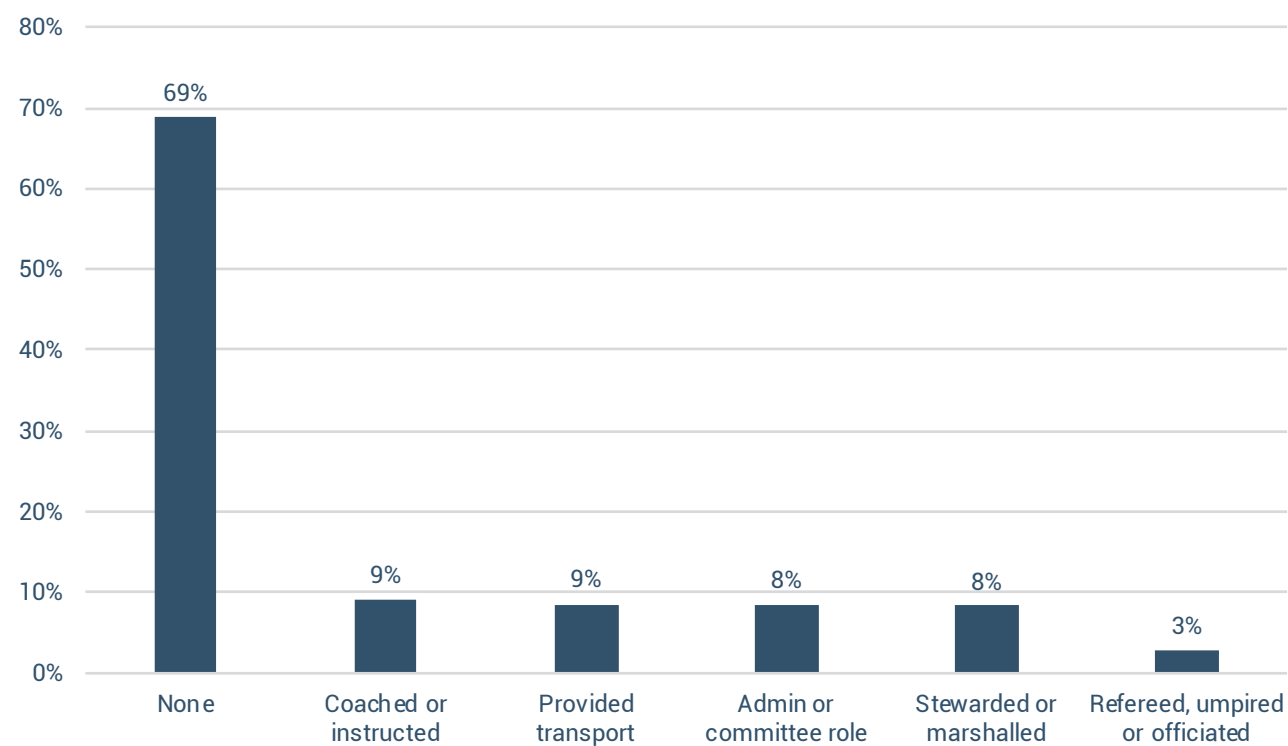


Volunteering

Around seven in ten respondents have not undertaken any volunteering in the last 12 months to support sport and leisure activities. Female respondents were less likely to have volunteered in sport than males.

There is no standout volunteering role which has been undertaken over the last 12 months, with an even spread of 8% or 9% across coaching, transport, administration and stewarding. 16% of respondents over the age of 65 have held an admin or committee role in the year.

Figure 24: Volunteering roles undertaken in last 12 months to support sport and leisure (n = 710)

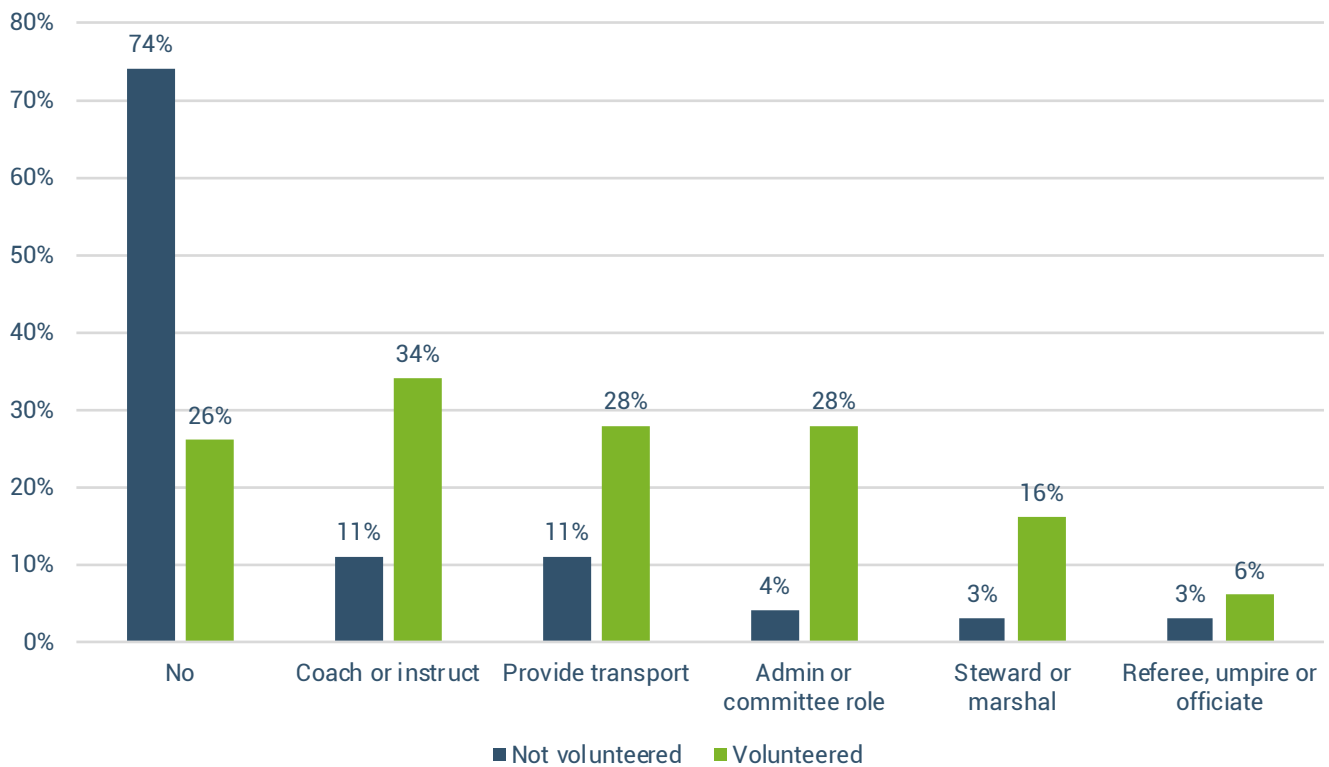


Around three quarters of respondents who had not volunteered to support sport and leisure in the last 12 months indicated that they would not consider doing so in the future.

Of those who had volunteered during the last 12 months, activities they are most likely to support in the future include coaching, providing transport or undertaking an admin or committee role.

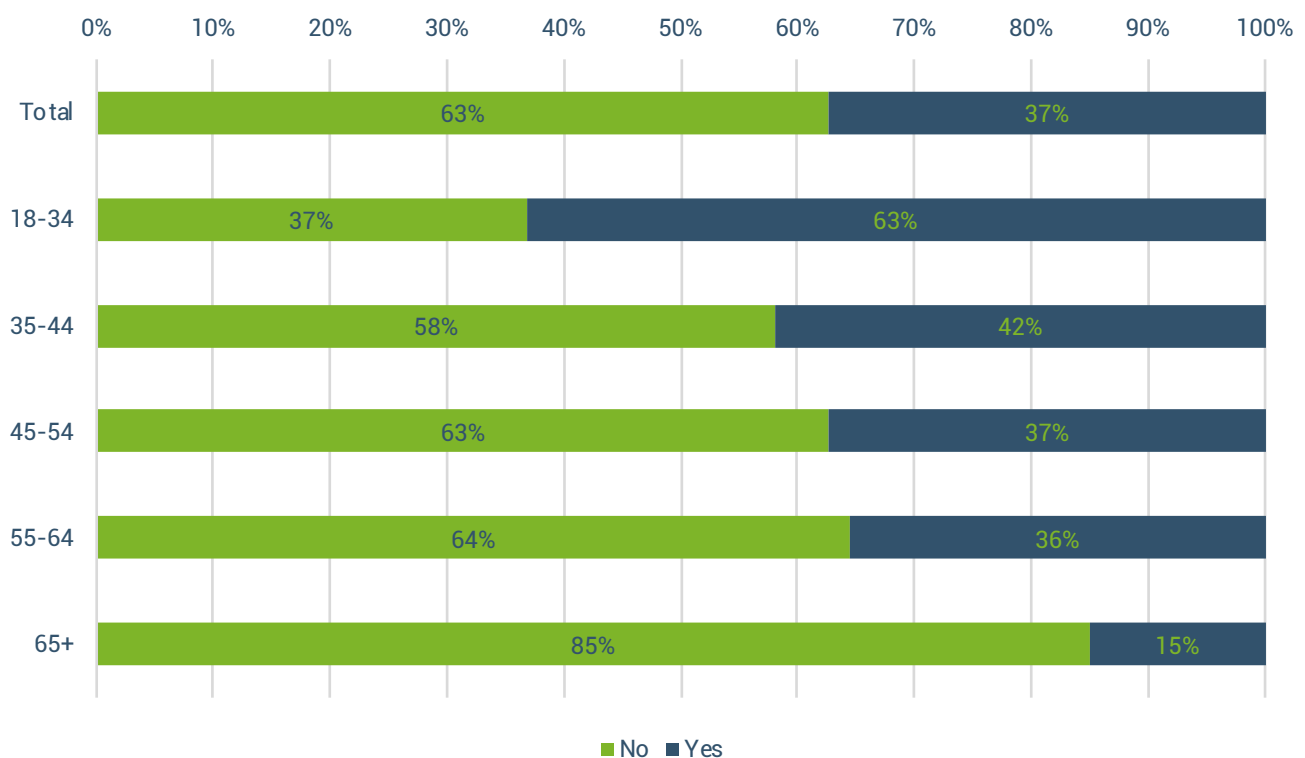
The main reasons given for not volunteering related either to time, in particular the impact of work and family life, or age and health. Some people felt that volunteering should not be a means of replacing paid roles.

Figure 25: Volunteering roles people would consider in the future by whether they have volunteered in the last 12 months (n = 710)



Around three in five respondents indicated that a time credit reward system would not encourage them to volunteer more. Younger age groups appear more receptive to the idea.

Figure 26: Would a time credit reward system encourage people to volunteer more (n = 675)



Feedback from local groups and organisations

Of the 11 responses from local groups and organisations:

- 4 were from local football clubs
- 2 were from cycling groups
- 3 were from other sports clubs and groups
- 1 response was from a primary school
- 1 respondent did not disclose their organisation name

Comments on the types of physical activities which should be available to people in the local area include:

"I'm generally happy with the types of activity available"

"A certain type of person won't go to a gym or go mountain biking but will be encouraged by their mates to play football. It's important to provide this opportunity and make it easily accessible"

"A 3G all-weather surface to allow people to play outdoor sports"

"Yoga and Tai Chi for children as well as adult"

"Not enough racket sports activities available (eg Badminton) at reasonable prices"

"Could do with indoor tennis courts, since weather in this region is not generally good for outdoor tennis throughout the year"

"No indoor table-tennis facilities"

Comments on anything which might be stopping people from exercising or keeping active include:

"Time, money"

"Poverty. Poor diet. Lack of aspiration. Abysmal local leadership. Things which disproportionately impact Pendle."

"Time constraints and cost"

"Cost"

"Sedentary lifestyle and costs - people who are working and earning above the minimum wage and / have two wages coming into the household can afford reasonably priced sports etc. Many Asian heritage children do not attend swimming lessons outside of school - this should be looked at"

"Availability of [different activities]"

Comments about sports and leisure provision and facilities in the local area include:

"We need much greater provision and intervention in schools. Compared to facilities I've experienced in Europe, local provision is woeful."

"Some of the football pitches are excellent but some are unusable. It's important to maintain the number of available football pitches and stop the gradual reduction that has happened over the last few years."

"The council do a great job in maintaining Trawden Rec and it would be great to see the future commitment to this guaranteed."

"We have always found them clean, appropriate and well staffed"

"Could do with cycling areas for families. Need parks where dogs are not allowed (eg like Thompson Park in Burnley)"

"Please ! Could you tarmac a cycle path, from steven burke track up to the end of the ind estate ! Then bikers on thin tyered road bikes could bypass the busy main road !! A lot safer way to the heratage centre ! Eh . THANKYOU"

Comments about volunteering for sports and leisure activities include:

"Support/finance should be offered to local sports clubs to bring more people into coaching etc. This must be seen in terms of social capital - it's NOT a cost, it's an investment."

"As a club we find it difficult to recruit volunteers. Specifically coaches. Most coaches have a connection to a child, and hardly anyone from a sports education background volunteers. This leaves us with the cost of educating volunteers appropriately."

"More could've done to support local volunteers. Perhaps we could be invited to attend regular meetings with the council. We have very little interaction with the council. Mainly just day to day pitch booking and bill paying activities."

"If you are working and have a family and bring work home with you - volunteering is not usually an option."

"Some financial support or information from PBC as to where this could be sourced from"

Final comments from local groups and organisations include:

"West Craven Sports Centre is a great facility. Just try to look after your clients and listen to the constructive comments."

"To fail to address the challenges is to contribute to the chronic health inequalities that blight our area."

"Overall very good for our Sunday morning football league but sometimes get the impression that the council only provide pitches because they have to. There's very little in the way of support or encouragement. For example, they could provide us with a room for our meetings??"

"I think that the organisation (PBC) is well run and the people involved in it are helpful and friendly. Financial support for voluntary organisations is always welcomed as fund raising as well

as the voluntary management of an amateur organisation puts additional pressure on the volunteers."