

## **Appendix 1**

### **Pendle Health and Well Being Partnership Group**

The NHS needs to move from a system that detects and manages disease in individuals to one that predicts and prevents in populations. Placed based prevention is created when every citizen, community group and neighbourhood within a locality agree to work together to promote good health.

Local health priorities for 2018/19 have been determined as below, all of which are either below national average or poorest performing:

- Encourage healthy eating and lifestyles
- Improving mental health and wellbeing
- Improving health outcomes for children and young people

In order to deliver progress against these priorities the Pendle Health and Well Being Partnership need to:

#### **Healthy Eating:**

- Support community based interventions which can provide opportunities to develop knowledge and skills around nutrition, healthy eating and weight management
- Focus healthy eating messages/support/interventions to those groups where healthy eating has been identified as most difficult, whilst taking into account individual barriers and motivators

#### **Mental Health:**

- Promote opportunities to develop social inclusion, social connectedness and community involvement, with a focus around digital inclusion for populations who may be at risk of being excluded through age, disability, access or education
- Increase people's resilience and well-being by giving them opportunities for making alternative healthier life choices, improving their decision making skills and control their own lives
- Promote opportunities to connect people/communities and increase social capital especially where there are different groups within neighbourhoods

#### **Physical Inactivity:**

- Work with partners to identify and address the barriers to activity (including age, sex, socioeconomic status, disability and race/ethnicity)
- Identify settings where people live and work to bring out healthy behaviour change, such as community/workplace activities, health in the home, or health walks for example
- Connect people to community resources, information and social activities

## Place Based Prevention Plan 2018/19

Priority Domains for Action	Existing Activity	Lead	What we will do	What success will look like
Social Movement for Health	<p>CCG Social Prescribing programme for 2018/19:</p> <p>Continuation of Community Connectors plus £59,561 allocated to Pendle.</p> <p>50% to be awarded to BPRCVS to administer to local groups/ 50% to be allocated by PHWBP</p> <p>Pendle on-line Directory of Services now launched</p>	<p>CCG/ BPRCV S/PBC</p> <p>CCG</p>	<p>Explore the Pendle Local Lottery to complement Pendle's Social Prescribing programme</p> <p>Develop social movements for health that address key drivers for health in Pendle (mental health &amp; wellbeing, healthy eating and physical inactivity)</p> <p>Establish a digital referral system for social prescribing in Pendle GP surgeries</p> <p>Further populate the REAL directory and promote widely</p>	<p>Partner funding agreed to establish a Pendle Local Lottery</p> <p>Pendle Local Lottery developed and a minimum of £xx secured for local groups</p> <p>Self-reported improvements in mental wellbeing and physical activity from social prescribing beneficiaries</p> <p>All Pendle GP surgeries to be using a digital referral system for social prescribing</p> <p>REAL Directory to be promoted in all GP surgeries, Number One, Job Centre, Children's Centres</p> <p>% increase in number of website 'hits'</p>
Governance	PBC and Pendle Locality structures now aligned to Pendle Health & Wellbeing Partnership Board	PBC	Identify reviews for PBC's Standing Panel	<p>A minimum of 2 annual reviews identified and submitted to the Standing Panel</p> <p>Scope for service improvements identified</p>

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Healthy Settings (focus on young people)	<p>PLT and BFC Healthy Schools Programme</p> <p>Links established between 4 Pendle secondary schools and Primary Care</p> <p>Partners currently consolidating their public estates portfolio</p>	<p>PLT</p> <p>CCG/ PBC</p> <p>CCG</p> <p>PBC</p>	<p>Incorporate Daily Mile initiative into all Pendle Healthy Schools programmes</p> <p>Further develop school health 'hubs'</p> <p>Expand engagement to include Primary schools through Pendle Challenge</p> <p>Influence Strategic Estates Group to consider opportunities to incorporate Primary Care into existing leisure provision.</p> <p>Pilot a Healthy Street initiative in Pendle</p>	<p>% of all Pendle Primary schools delivering the Daily Mile</p> <p>1 quarterly activity delivered within each school 'Health Hub'</p> <p>'Health Hubs' expanded to include 4 Primary Schools</p> <p>Agreement to explore locating a primary care facility in a Pendle Leisure centre</p> <p>Support from residents to roll out pilot</p>
Healthy Neighbourhoods and Localities	<p>Mobilisation of Integrated Neighbourhood Teams - x 2 [Pendle and Pendle West] and emerging Integrated Team at Brierfield Children and Families Wellbeing Centre [Transforming Lives Integrated Hub]</p> <p>Commissioning of health, social care and wellbeing services</p>	<p>CCG/ LCC</p> <p>PBC</p>	<p>Consider how we can consolidate existing neighbourhood working arrangements into 2 x Primary Care Networks (Neighbourhood Health and Wellbeing Teams?)</p> <p>Seek to join up commissioning plans and align investments across the key stakeholders</p> <p>Formation of Primary Care Networks consistent with the 30-50,000 population</p> <p>Care Navigation rolled out and utilised in each practice across Pendle</p>	<p>Plans for the co-location of health, social care and wellbeing staff in 2 Pendle venues (East &amp; West)</p> <p>A comprehensive overview of existing commissioning commitments in Pendle by LCC and CCG</p> <p>Opportunities identified to better align future commissioning</p>
Volunteering and building community capacity	<p>Lancashire Time Credit scheme (SPICE)</p> <p>PLT both a provider and spend partner for SPICE</p>	PBC/ CVS	<p>Support the roll out of the time credit scheme in Pendle</p> <p>Partners to sign up to time credit scheme</p>	PBC offering time credits for volunteers involved in community clean ups and Friends of Park groups

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	CVS volunteering hub Lancashire Volunteering Partnership initiative			<p>Social prescribing initiatives offering time credits to volunteers</p> <p>X CVS groups in Pendle offering time credits to their volunteers</p> <p>1 additional Pendle spend partner established quarterly</p>
Healthy People (focus on ESA claimants)	Partnership Employment Support initiatives targeting Southfield and Waterside	CCG/ PBC/ DWP	Secure partnership match funding to enhance employment support offer in target wards	<p>Match funding secured</p> <p>High impact employment support initiative developed and implemented</p> <p>Improved health and wellbeing in pilot site (Pendle East) with a view to roll out</p>
		PBC/ CCG	Support people to improve their own health through health promotion communications and campaigns across Pendle	<p>A minimum of 1x quarterly health promotion campaign jointly promoted by partners</p>
Health Promoting Workforce	Staff Health & Wellbeing Programmes operate in PBC, CCG	CCG	Develop and implement a 'Make Every Contact Count' (MECC) programme across health and social care	MECC programme developed and undertaken by staff in Pendle's emerging Integrated Team in Brierfield and the 2 INTs