



To: Health & Social Care Scrutiny Panel

Date of meeting: 18th October, 2016

Notes of: Committee Administrator

SCRUTINY REVIEW OF MENTAL HEALTH IN THE COMMUNITY, CARE HOMES AND MENTAL HEALTH WARDS

Background

1. The Health and Social Care Scrutiny Panel of 2015/16 began this review after agreeing with a suggestion that there was a need for more appropriate activities for patients on mental health wards, to aid recovery.
2. The Panel also agreed to extend the scope of the review to cover provision of mental health care in the community and care homes.
3. It was accepted that, due to its size, the review could not be completed within the 2015/16 municipal year and was therefore carried forward for further work by the 2016/17 Panel members.
4. The review began in January, 2016, when Members began gathering information on the mental health care services available in the community.
5. This was provided in the form of briefing notes and by way of presentations by East Lancashire Clinical Commissioning Group and Access Ability Community Interest Company (CIC).
6. The Panel continued to focus on this area of the review until June 2016, when it was agreed to conclude the work on community provision.
7. The Panel is now asked to concentrate on mental health care provision in care homes.

Current situation

8. There are currently 19 homes in Pendle that provide care for patients with mental illness.

9. These range from people with learning disabilities to those detained under the mental health act.
10. Some of the homes specifically cater for those with a mental health condition, however many care for those with dementia alongside caring for people in old age.
11. All health and care services are required to register with the Care Quality Commission (CQC) whose role is to inspect and regulate services to ensure that they are safe, effective, caring, responsive to people's needs and well-led.
12. Appendix A provides a list of the homes in Pendle that provide care for patients with mental illness, together with their most recent CQC rating.

Mental Health Wards

13. In preparation for the final stage of the review, information has been sought on the provision of inpatient mental health care in East Lancashire.
14. The Panel is advised that mental health units, which provide 24 hour care for patients between the ages of 18 – 65 years, are sited in Burnley and Blackburn.
15. The Burnley unit has three wards as follows –
 - 21 bedded female ward
 - 22 bedded male ward
 - 6 bedded psychiatric intensive care ward for females
16. The inpatient facilities in Blackburn comprise of four wards as follows –
 - 17 bedded male ward
 - 20 bedded male ward
 - 17 bedded female ward
 - 6 bedded psychiatric intensive care ward
17. The wards are all single rooms.
18. Individualised recovery focussed treatment plans are provided by a team which works across all wards.
19. They also provide a wide range of opportunities to participate in occupational activity both in a group or 1:1 setting.
20. For some patients this may be a brief stay for intensive treatment and support. Others with severe and enduring mental illness may require more frequent admissions.

The way forward

21. Members are reminded of the initial purpose of the review – to investigate the need for more appropriate activities for patients on mental health wards.

22. Bearing this in mind, the Panel may wish to find out more about the activities provided at Burnley General Hospital and Royal Blackburn Hospital.
23. In addition, you may wish to focus your work on care homes in a similar way by gathering information on activities provided for residents.
24. However, of the 19 homes in Pendle that care for people with mental illness only two are owned by Lancashire County Council. These are Favordale Home for Older People in Colne and Cravenside Home for Older People in Barnoldswick, both of which have 'Good' CQC ratings.
25. The other 17 homes are privately owned.
26. Members are reminded that a scrutiny review is only appropriate where something can be done and the review could make a difference.

APPENDICES

Appendix A - List of care homes/nursing homes in Pendle for those requiring mental health care

REFERENCES

www.carehome.co.uk
www.cqc.org.uk
www.lancashirecare.nhs.uk

Town Hall, Market Street, Nelson

Report Author: Lynne Rowland, Committee Administrator
Tel: (01282) 661648
E-Mail: lynne.rowland@pendle.gov.uk

Ref: LR

Date: September, 2016