# MINUTES OF A MEETING OF THE HEALTH AND SOCIAL CARE SCRUTINY PANEL HELD AT THE TOWN HALL, NELSON ON 12<sup>TH</sup> JANUARY, 2016

#### PRESENT -

Councillor K. Hartley - Panel Leader (In the Chair)

#### Panel Members - Councillors

S. Benson N. McEvoy
W. Blackburn C. Wakeford

#### Also in attendance:

Councillor D. Whalley
Ian Walmsley
Chris Hyde
Cary Organ

Executive Member for Health and Wellbeing
Sector Manager (East Lancashire)(NWAS)
Community Resuscitation Manager (NWAS)
Community Specialist Paramedic (NWAS)

Dr. S. Berry Clinical Commissioning Group (CCG)Clinical Lead for

Pendle

Dr. Rakesh GP Clinical Lead for Mental Health

Alex Walker Programme Director for Urgent Care (CCG)

Helen Hedges Critical Friends East Lancashire

Yvonne Hope Critical Friends East Lancashire

L. Rowland Committee Administrator (Pendle Borough Council)

(Apologies for absence were received from His Worship the Mayor Councillor N. Ahmed and Councillor G. Roach.)

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1. MINUTES

### **AGREED**

That the minutes of the meeting of the Panel held on 17<sup>th</sup> November, 2015 be approved as a correct record.

### 2. NORTH WEST AMBULANCE SERVICE

The Panel received a presentation from representatives of the North West Ambulance Service (NWAS).

Chris Hyde, the Community Resuscitation Manager, began the presentation with details of the Community First Responders (CFRs) based in the Pendle area. CFRs were volunteers who had been trained to respond to emergency calls in their local area through the 999 system in conjunction with the Ambulance Service. He provided details on the type of emergency calls they could be asked to respond to and the initial training provided. An extended training course was also available. He explained that the number of CFRs in Pendle was currently at a low level and that new volunteers were actively being recruited.

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lan Walmsley, the East Lancashire Sector Manager, continued by presenting the NWAS performance statistics for October to December, 2015 in Pendle and the wider East Lancashire area. He provided information on local developments including investment in resources, a review of the estates, the increase in management support and the recently developed Fall Response Team.

Gary Organ completed the presentation by explaining his role as a Community Specialist Paramedic. The role had recently been developed to provide a stable central presence within the community and to add additional capacity as a 999 responder. It was currently being trialled across 12 communities within the region, of which Pendle was one.

He explained that, as a Community Specialist Paramedic, he worked closely with the Community Resuscitation Team. He provided information on the number of automated external defibrillators (AEDs) and cabinets for public access defibrillation (PAD) in the Pendle area. He also provided details on the number of emergency responses made since the start of the scheme and the percentage of incidents attended that had avoided admission to the Accident and Emergency Department.

Gary Organ concluded the presentation by providing details of proposed future projects for the Community Specialist Paramedic.

Throughout the presentation all three representatives answered questions from the Panel.

#### 3. SCRUTINY REVIEWS

## (a) Adult Social Care - Recommissioning of Homecare Services

Committee Services submitted a briefing note which provided an update on Lancashire County Council's (LCC's) proposals to recommission homecare services for older adults and people with a physical disability and provided answers to questions raised at the last meeting.

It was reported that all re-procurement activity had been paused so that the position could be evaluated. A further update would be provided to a future meeting.

### (b) Mental Health in the Community, Care Homes and Mental Health Wards

Representatives of the East Lancashire Clinical Commissioning Group (CCG) gave a presentation on the mental health services available in East Lancashire. Alex Walker, the Programme Director for Urgent Care; Dr Berry, the Clinical Lead for Pendle; and Dr Rakesh, the GP Clinical Lead for Mental Health began their presentation by providing information on the government programme 'Improving Access to Psychological Therapies' (IAPT). It was explained that certain services were hospital based, some were embedded in the community and others bridged the two. There were also services provided in the third sector which were partly/majority funded by charities.

Most of the services commissioned by the CCG were accessed through primary care, although some could be accessed through self-referral.

The representatives gave details of a national model of stepped care for those accessing the service. This ranged from low intensity interventions for mild/moderate cases to high intensity therapy for those with moderate/severe conditions. Specialist psychological interventions (non-IAPT) would be used for complex and severe depression.

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Details were also provided on the assessment and treatment teams which provided a gateway into services; the Early Intervention in Psychosis (EIP) service; the service provided by Community Mental Health Teams (CMHT) for older adults and the Rapid Intervention and Treatment Team.

The Panel was advised of an NHS England approved Child and Adolescent Mental Health Service (CAMHS) Transformation Plan which was being implemented by a Future in Mind Steering Group. They also received information on the CAMHS provision in East Lancashire, together with details of the children psychological services.

Throughout the presentation all three representatives answered questions from the Panel. This included questions on the effects of drug and alcohol on mental health, which linked in with the review to be considered at minute 3(c).

Following the presentation, the Panel discussed the terms of reference of the review and considered a draft review plan which had been submitted for approval.

#### **AGREED**

That the draft review plan be approved.

### (c) Drug and alcohol rehabilitation provision in East Lancashire

Further to a review of drug and alcohol rehabilitation provision in East Lancashire being included in the Panel's work programme, Committee Services submitted a briefing note for consideration. The note provided a number of statistics on alcohol and drug misuse in Lancashire and the services provided by Lancashire County Council. Details were also provided on a charity that offered free information, advice and support for young people and families with substance misuse related issues.

#### **AGREED**

That further information be sought on the drug and alcohol rehabilitation provision in East Lancashire.

#### 4. CLINICAL COMMISSIONING GROUP UPDATE

The minutes of the October meeting of the Pendle Locality Commissioning Steering Group were submitted for information.

### 5. CHANGING PLACES

Committee Services provided an update on progress in finding a suitable location for a Changing Places toilet in Pendle. At the request of this Panel, consideration had been given to developing a facility at Stanley Villas, Albert Road, Colne. It was reported that, following investigation, Lancashire County Council and the Learning Disability Partnership Board had been happy with the suitability of these premises and hoped to secure funding for the project by mid-February, 2016.

#### 6. CORPORATE PEER REVIEW

Committee Services submitted an update on the findings of the Peer Team with regard to health and social care issues following the Corporate Peer Challenge that took place in November, 2015.

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It was noted that a Task and Finish Group had been established with a view to developing an Action Plan to deal with the issues raised.

## 7. WORK PLAN

The Panel's work plan 2015/16 was submitted for information.

