

To - Health & Social Care Scrutiny Panel

Date of meeting - 12th January, 2016

Notes of - Committee Administrator

DRUG AND ALCOHOL REHABILITATION PROVISION IN EAST LANCASHIRE

Background

1. At the June 2015 meeting of the Health and Social Care Scrutiny Panel, Members considered topics for inclusion in the Panel's 2015/16 work programme.
2. During the discussion it was noted that in recent years the Panel had carried out a lot of work around social care issues and it was agreed that this work will continue in 2015/16.
3. However, the Panel agreed that some focus should be placed on the various health issues in the region.
4. It was therefore agreed that one such review should be on the drug and alcohol rehabilitation provision in East Lancashire.

Alcohol and drug misuse – the facts

5. 7,000 people in Lancashire are problem drug users.
6. 8,000 children in Lancashire live in households with parents or carers who are substance misusers.
7. Tens of thousands of people are drinking at harmful or hazardous levels.
8. Each year over 7,000 adults and nearly 1,000 young people receive specialist help for a primary drug or alcohol problem in Lancashire.

Service Provision

9. Lancashire County Council delivers services from venues in all the main towns and cities in Lancashire including the five prisons and numerous primary care centres and GP surgeries.

10. The services include –
 - needle exchanges
 - advice on harm reduction
 - psychosocial interventions
 - substitute prescribing
 - group work
 - individual counselling
 - referral to residential detoxification and rehabilitation (aged 18 plus)
11. One service specific to East Lancashire is 'Inspire East Lancashire', an integrated substance misuse service which provides local drug and alcohol services.
12. Inspire Pendle is based at Inspire House, Rigby Street, Nelson. They work very closely with local publicans on the Chance to Change Programme, which enables recipients of the pub banning system to learn about issues surrounding their drug and alcohol use and, in return for participation, may see their banning orders reduced.
13. Their service users also work within their local communities by helping with street cleans, allotments and local events all proven to encourage a recovery community in Nelson which benefits all of its residents.
14. Full details of the services provided, including health promotions; employment/training/education; and housing support can be found on the Inspire website at www.inspirelancs.org.uk.
15. The residents of East Lancashire also have access to 'Early Break', a charity offering free information, advice and support for young people and families with substance misuse related issues.
16. Early Break is a unique service offering a client centred approach to young people who wish to address their substance related needs.
17. The service includes –
 - Advocacy work
 - Early intervention
 - Family centred time
 - Holding families
 - Service doctor
 - Holistic therapies
 - Products and training
18. Further information on the services provided can be found on their website www.earlybreak.co.uk or by contacting the local office at St Philips Grassroots Centre, Leeds Road, Nelson.

Further consideration

19. Initial investigations have identified the services provided above. However, the Panel may wish to continue its work in identifying additional service provision in the area.

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References

www.lancashire.gov.uk

www.inspirelancs.org.uk

www.earlybreak.co.uk